



5KFVS Run/Walk Final Results

Start Time: Saturday, May 14, 2011 8:30:00 AM

Saturday, May 14, 2011 10:50:57 AM

Overall by Distance: 5k

OvrAll / Gndr / Div	No	Name	Representing	Division	1 Mile	min/mi	2 Mile	min/mi	3 Mile	min/mi	.1	min/mi	Total Time	Back	Pace
1 / 1 / 1	438	SHEARON, Elliot	SplitMaster Rac...	Male Overall ...	5:50.003	5:50.0	5:51.815	5:51.8	5:39.272	5:39.3	0:22.322	3:43.2	17:43.4	+0:00.0	5:43.0
2 / 2 / 1	384	HAMMES, Kevin E.	SplitMaster Rac...	M45-49	5:49.883	5:49.9	5:51.967	5:52.0	5:40.322	5:40.3	0:22.880	3:48.8	17:45.0	+0:01.6	5:43.5
3 / 3 / 2	254	BRAMLETT, Kevin	SplitMaster Rac...	M45-49	6:13.701	6:13.7	6:09.789	6:09.8	5:55.311	5:55.3	0:24.967	4:09.7	18:43.7	+1:00.3	6:02.5
4 / 4 / 1	115	WINDEKNECHT, Joe	SplitMaster Rac...	M40-44	6:12.372	6:12.4	6:20.404	6:20.4	6:22.855	6:22.9	0:27.259	4:32.6	19:22.8	+1:39.4	6:15.1
5 / 5 / 1	403	BREITENSTEIN, Paul	PATTON, MO	M50-54	6:13.816	6:13.8	6:42.081	6:42.1	6:37.674	6:37.7	0:26.376	4:23.8	19:59.9	+2:16.5	6:27.1
6 / 6 / 1	317	WEST, James	SILVA, MO	M30-34	6:32.619	6:32.6	6:36.908	6:36.9	6:44.201	6:44.2	0:25.929	4:19.3	20:19.6	+2:36.2	6:33.4
7 / 7 / 1	243	JOLES, Jason	ANNA, IL	M25-29	6:09.089	6:09.1	6:58.965	6:59.0	6:49.586	6:49.6	0:27.088	4:30.9	20:24.7	+2:41.3	6:35.1
8 / 8 / 2	151	SIDES, Nathan	JACKSON, MO	M30-34	6:40.144	6:40.1	6:56.130	6:56.1	6:34.760	6:34.8	0:25.421	4:14.2	20:36.4	+2:53.0	6:38.8
9 / 9 / 2	284	GRISSOM, Shawn	SplitMaster Rac...	M40-44	6:37.133	6:37.1	6:52.050	6:52.1	6:43.942	6:43.9	0:27.189	4:31.9	20:40.3	+2:56.9	6:40.1
10 / 1 / 1	239	WUNDERLICH, Julie	JACKSON, MO	Female Over...	6:40.069	6:40.1	6:50.009	6:50.0	6:46.502	6:46.5	0:28.677	4:46.8	20:45.2	+3:01.8	6:41.7
11 / 10 / 1	310	COLE, Caleb	MALDEN, MO	M20-24	6:20.006	6:20.0	6:54.267	6:54.3	7:03.907	7:03.9	0:29.560	4:55.6	20:47.7	+3:04.3	6:42.5
12 / 2 / 1	139	CLIPPARD, Nichole	JACKSON, MO	F30-34	6:42.880	6:42.9	6:58.671	6:58.7	6:43.734	6:43.7	0:27.406	4:34.1	20:52.6	+3:09.2	6:44.1
13 / 11 / 1	248	RENAUD, Jason	CHARLESTON, MO	M35-39	7:01.949	7:01.9	6:45.141	6:45.1	6:41.066	6:41.1	0:29.419	4:54.2	20:57.5	+3:14.1	6:45.6
14 / 12 / 3	378	MAGNUS, Gene	CAPE GIRARDEAU...	M40-44	6:40.528	6:40.5	7:05.446	7:05.4	7:03.313	7:03.3	0:27.212	4:32.1	21:16.4	+3:33.0	6:51.7
15 / 13 / 1	170	LONG, Dakota	MARBLE HILL, MO	M 19 & Under	6:35.423	6:35.4	7:21.134	7:21.1	7:10.697	7:10.7	0:27.811	4:38.1	21:35.0	+3:51.6	6:57.7
16 / 14 / 2	402	MELL, Paul	FARMINGTON, MO	M50-54	6:53.972	6:54.0	7:10.472	7:10.5	7:05.391	7:05.4	0:27.548	4:35.5	21:37.3	+3:53.9	6:58.5
17 / 3 / 1	171	SPRINK, Natalie	ALTENBURG, MO	F40-44	6:54.425	6:54.4	7:19.352	7:19.4	7:00.234	7:00.2	0:29.104	4:51.0	21:43.1	+3:59.7	7:00.4
18 / 15 / 2	398	WILLHELM, Justin	SCOTT CITY, MO	M25-29	6:57.690	6:57.7	7:29.392	7:29.4	7:08.423	7:08.4	0:26.527	4:25.3	22:02.0	+4:18.6	7:06.5
19 / 16 / 4	54	SMITH, Bradley	JACKSON, MO	M40-44	7:02.298	7:02.3	7:33.003	7:33.0	7:15.338	7:15.3	0:27.579	4:35.8	22:18.2	+4:34.8	7:11.7
20 / 17 / 3	288	COOK, Alan	CHAFFEE, MO	M45-49	7:12.612	7:12.6	7:21.373	7:21.4	7:22.033	7:22.0	0:30.716	5:07.2	22:26.7	+4:43.3	7:14.4
21 / 18 / 5	325	MATTHEWS, Wade	BLOOMFIELD, MO	M40-44	7:14.615	7:14.6	7:21.875	7:21.9	7:21.269	7:21.3	0:30.518	5:05.2	22:28.2	+4:44.8	7:14.9
22 / 19 / 3	16	COX, Danny	CAPE GIRARDEAU...	M25-29	6:57.534	6:57.5	7:40.435	7:40.4	7:29.081	7:29.1	0:22.841	3:48.4	22:29.8	+4:46.4	7:15.4
23 / 20 / 3	361	ALWORTH, Brian	CAPE GIRARDEAU...	M50-54	7:31.559	7:31.6	7:24.491	7:24.5	7:10.883	7:10.9	0:25.475	4:14.8	22:32.4	+4:49.0	7:16.3
24 / 21 / 2	92	LINDSEY, Devin	ROLLA, MO	M35-39	7:03.194	7:03.2	7:32.580	7:32.6	7:31.017	7:31.0	0:28.459	4:44.6	22:35.2	+4:51.8	7:17.2
25 / 22 / 2	86	LONG, Cody	JACKSON, MO	M 19 & Under	6:51.359	6:51.4	7:31.790	7:31.8	7:49.423	7:49.4	0:29.371	4:53.7	22:41.9	+4:58.5	7:19.3
26 / 23 / 2	274	MCWILSON, Drew	JACKSON, MO	M20-24	7:49.836	7:49.8	7:30.862	7:30.9	7:20.376	7:20.4	0:20.727	3:27.3	23:01.8	+5:18.4	7:25.7
27 / 24 / 3	106	AUFDENBERG, Kyle	JACKSON, MO	M20-24	6:48.182	6:48.2	7:57.375	7:57.4	7:46.572	7:46.6	0:30.406	5:04.1	23:02.5	+5:19.1	7:26.0
28 / 4 / 1	332	MCINTOSH, Joyce	JACKSON, MO	F50-54	7:27.956	7:28.0	7:37.821	7:37.8	7:29.099	7:29.1	0:31.833	5:18.3	23:06.7	+5:23.3	7:27.3
29 / 25 / 3	388	LARKINS, Dacy	PADUCAH, KY	M35-39	7:49.502	7:49.5	7:35.979	7:36.0	7:22.922	7:22.9	0:24.984	4:09.8	23:13.3	+5:29.9	7:29.5
30 / 5 / 1	222	GUNN, Myra	CHARLESTON, MO	F35-39	7:29.876	7:29.9	7:46.408	7:46.4	7:29.928	7:29.9	0:29.343	4:53.4	23:15.5	+5:32.1	7:30.2
31 / 26 / 1	343	HAHS, Dwain	JACKSON, MO	M55-59	7:58.910	7:58.9	7:34.949	7:34.9	7:23.445	7:23.4	0:27.145	4:31.5	23:24.4	+5:41.0	7:33.0
32 / 27 / 4	364	JONES, Justin	CAPE GIRARDEAU...	M25-29	7:25.323	7:25.3	7:47.203	7:47.2	7:43.602	7:43.6	0:28.415	4:44.2	23:24.5	+5:41.1	7:33.1
33 / 6 / 2	287	JANNIN, Chellie	SplitMaster Rac...	F35-39	7:39.900	7:39.9	7:43.860	7:43.9	7:32.437	7:32.4	0:33.710	5:37.1	23:29.9	+5:46.5	7:34.8
34 / 7 / 1	316	WEST, Julia	SILVA, MO	F25-29	7:28.016	7:28.0	7:46.216	7:46.2	7:43.791	7:43.8	0:32.500	5:25.0	23:30.5	+5:47.1	7:35.0
35 / 28 / 5	90	LANPHER, Levi	ADVANCE, MO	M25-29	7:35.682	7:35.7	7:47.889	7:47.9	7:42.643	7:42.6	0:29.232	4:52.3	23:35.4	+5:52.0	7:36.6
36 / 29 / 4	110	RESSEL, Derek	SCOTT CITY, MO	M20-24	8:07.292	8:07.3	7:48.458	7:48.5	7:20.455	7:20.5	0:23.970	3:59.7	23:40.1	+5:56.7	7:38.1
37 / 30 / 3	70	VERSEMANN, Jimmy	JACKSON, MO	M30-34	7:25.971	7:26.0	8:00.125	8:00.1	8:06.158	8:06.2	0:32.826	5:28.3	24:05.0	+6:21.6	7:46.1
38 / 8 / 3	340	SCHWAB, Melissa	WASHINGTON, MO	F35-39	7:39.160	7:39.2	7:49.799	7:49.8	8:12.158	8:12.2	0:28.693	4:46.9	24:09.8	+6:26.4	7:47.7
39 / 31 / 6	268	EMMONS, Duane	JACKSON, MO	M40-44	7:41.733	7:41.7	7:56.076	7:56.1	8:01.856	8:01.9	0:33.416	5:34.2	24:13.0	+6:29.6	7:48.7

* indicates adjustments applied, see last page for details

5KFVS Run/Walk

Overall by Distance: 5k Continued

OvrAll / Gndr / Div	No	Name	Representing	Division	1 Mile	min/mi	2 Mile	min/mi	3 Mile	min/mi	.1	min/mi	Total Time	Back	Pace
40 / 32 / 5	321	SCHEPER, Justin	CAPE GIRARDEAU...	M20-24	8:12.286	8:12.3	7:58.337	7:58.3	7:43.548	7:43.5	0:25.062	4:10.6	24:19.2	+6:35.8	7:50.7
41 / 33 / 4	21	ALDRIDGE, Shannon	SplitMaster Racin...	M45-49	7:40.449	7:40.4	8:01.976	8:02.0	8:11.901	8:11.9	0:28.009	4:40.1	24:22.3	+6:38.9	7:51.7
42 / 34 / 5	397	CONNELL, Jeff	CAPE GIRARDEAU...	M45-49	7:32.331	7:32.3	8:07.300	8:07.3	8:12.675	8:12.7	0:32.665	5:26.7	24:24.9	+6:41.5	7:52.5
43 / 35 / 2	37	DEE, Alan	JACKSON, MO	M55-59	8:07.580	8:07.6	7:57.934	7:57.9	7:54.755	7:54.8	0:32.015	5:20.2	24:32.2	+6:48.8	7:54.9
44 / 36 / 4	312	BURGER, Ryan	SCOTT CITY, MOM	M35-39	8:02.954	8:03.0	8:13.460	8:13.5	7:59.300	7:59.3	0:27.513	4:35.1	24:43.2	+6:59.8	7:58.5
45 / 37 / 4	128	RETZ, Matt	MARBLE HILL, MO	M30-34	7:26.926	7:26.9	8:19.944	8:19.9	8:32.707	8:32.7	0:27.866	4:38.7	24:47.4	+7:04.0	7:59.8
46 / 9 / 1	416	MILLER, Melissa	Cape Girardeau, Mo	F20-24	8:08.465	8:08.5	8:09.375	8:09.4	7:59.608	7:59.6	0:30.135	5:01.4	24:47.5	+7:04.1	7:59.8
47 / 10 / 2	242	JOLIS, Stephanie	ANNA, IL	F25-29	7:43.255	7:43.3	8:14.426	8:14.4	8:23.672	8:23.7	0:31.806	5:18.1	24:53.1	+7:09.7	8:01.6
48 / 38 / 5	131	PICKARD, Mark	MALDEN, MO	M35-39	8:14.909	8:14.9	8:13.084	8:13.1	8:04.291	8:04.3	0:31.761	5:17.6	25:04.0	+7:20.6	8:05.2
49 / 39 / 6	219	OBERGOENNER, Todd	CAPE GIRARDEAU...	M25-29	9:30.664	9:30.7	8:04.331	8:04.3	7:04.270	7:04.3	0:27.065	4:30.7	25:06.3	+7:22.9	8:05.9
50 / 40 / 6	55	PICKARD, Brian	SplitMaster Racin...	M35-39	8:15.291	8:15.3	8:20.107	8:20.1	8:09.237	8:09.2	0:28.428	4:44.3	25:13.0	+7:29.6	8:08.1
51 / 41 / 6	385	LAW, David	CAPE GIRARDEAU...	M45-49	8:34.647	8:34.6	8:14.152	8:14.2	7:54.785	7:54.8	0:30.383	5:03.8	25:13.9	+7:30.5	8:08.4
52 / 11 / 1	12	TREPASSO, Bridget	CAPE GIRARDEAU...	F 19 & Under	8:13.459	8:13.5	8:23.837	8:23.8	8:17.736	8:17.7	0:28.848	4:48.5	25:23.8	+7:40.4	8:11.5
53 / 42 / 5	97	HOPKINS, Todd	GREENVILLE, MOM	M30-34	7:26.097	7:26.1	8:40.042	8:40.0	8:43.003	8:43.0	0:34.788	5:47.9	25:23.9	+7:40.5	8:11.6
54 / 12 / 3	143	HALL, Sandy	POPLAR BLUFF, MO	F25-29	8:06.402	8:06.4	8:24.417	8:24.4	8:21.380	8:21.4	0:33.579	5:35.8	25:25.7	+7:42.3	8:12.2
55 / 43 / 7	20	MEADOWS, Barry	CAPE GIRARDEAU...	M45-49	8:16.457	8:16.5	8:21.290	8:21.3	8:19.033	8:19.0	0:32.018	5:20.2	25:28.7	+7:45.3	8:13.1
56 / 13 / 2	125	ASHER, Jeanie	CAPE GIRARDEAU...	F50-54	8:29.474	8:29.5	8:15.143	8:15.1	8:10.731	8:10.7	0:33.525	5:35.2	25:28.8	+7:45.4	8:13.2
57 / 44 / 4	215	STEFFENS, Kerry	FROHNA, MO	M50-54	9:27.830	9:27.8	8:14.880	8:14.9	7:31.438	7:31.4	0:27.063	4:30.6	25:41.2	+7:57.8	8:17.2
58 / 14 / 4	10	BRYAN, Stephanie	CAPE GIRARDEAU...	F35-39	8:19.158	8:19.2	8:27.346	8:27.3	8:22.531	8:22.5	0:32.654	5:26.5	25:41.6	+7:58.2	8:17.3
59 / 15 / 4	142	ROGERS, Erica	LOWNDES, MO	F25-29	8:12.008	8:12.0	8:35.134	8:35.1	8:32.707	8:32.7	0:32.752	5:27.5	25:52.6	+8:09.2	8:20.8
60 / 45 / 8	240	HEARNES, Robet	CHARLESTON, MO	M45-49	8:26.104	8:26.1	8:41.915	8:41.9	8:23.173	8:23.2	0:31.114	5:11.1	26:02.3	+8:18.9	8:24.0
61 / 16 / 5	35	CLUBBS, Brooke	JACKSON, MO	F35-39	8:22.919	8:22.9	8:41.719	8:41.7	8:43.846	8:43.8	0:31.794	5:17.9	26:20.2	+8:36.8	8:29.7
62 / 17 / 2	187	ODOM, Colleen	JACKSON, MO	F40-44	8:55.382	8:55.4	8:26.436	8:26.4	8:42.521	8:42.5	0:34.088	5:40.9	26:38.4	+8:55.0	8:35.6
63 / 18 / 6	214	KAEMPFE, Lisa	FROHNA, MO	F35-39	8:37.820	8:37.8	8:53.142	8:53.1	8:43.679	8:43.7	0:29.081	4:50.8	26:43.7	+9:00.3	8:37.3
64 / 19 / 5	101	JONES, Natalie	CAPE GIRARDEAU...	F25-29	8:15.498	8:15.5	9:04.214	9:04.2	8:57.097	8:57.1	0:28.220	4:42.2	26:45.0	+9:01.6	8:37.7
65 / 20 / 2	401	MELL, Katie	CAPE GIRARDEAU...	F20-24	8:59.296	8:59.3	8:44.332	8:44.3	8:38.119	8:38.1	0:28.702	4:47.0	26:50.4	+9:07.0	8:39.5
66 / 46 / 3	104	WEEKLEY, Bradley	FREDERICKTOWN...	M 19 & Under	7:42.691	7:42.7	9:31.318	9:31.3	9:25.711	9:25.7	0:27.280	4:32.8	27:07.0	+9:23.6	8:44.8
67 / 21 / 2	363	BRUCK, Julia	CARTERVILLE, IL	F30-34	9:49.910	9:49.9	8:37.634	8:37.6	8:21.889	8:21.9	0:26.612	4:26.1	27:16.0	+9:32.6	8:47.7
68 / 47 / 7	339	SCHWAB, Chris	WASHINGTON, MO	M35-39	8:29.459	8:29.5	9:25.679	9:25.7	8:50.958	8:51.0	0:31.473	5:14.7	27:17.5	+9:34.1	8:48.2
69 / 22 / 1	216	STEFFENS, Dana	FROHNA, MO	F45-49	9:38.305	9:38.3	8:53.974	8:54.0	8:18.438	8:18.4	0:33.131	5:31.3	27:23.8	+9:40.4	8:50.3
70 / 48 / 1	11	TREPASSO, Joseph	CAPE GIRARDEAU...	M60-64	8:47.615	8:47.6	9:02.537	9:02.5	8:59.468	8:59.5	0:36.783	6:07.8	27:26.4	+9:43.0	8:51.1
71 / 49 / 6	415	SNIDER, Jeremy	Cape Girardeau, ...	M30-34	8:46.646	8:46.6	9:13.958	9:14.0	9:03.770	9:03.8	0:30.052	5:00.5	27:34.4	+9:51.0	8:53.7
72 / 50 / 9	342	PENZEL, Phil	JACKSON, MO	M45-49	9:09.949	9:09.9	9:16.830	9:16.8	8:36.966	8:37.0	0:31.077	5:10.8	27:34.8	+9:51.4	8:53.8
73 / 23 / 7	205	CROSNOE, Michelle	CAPE GIRARDEAU...	F35-39	9:07.584	9:07.6	8:59.826	8:59.8	8:51.165	8:51.2	0:36.926	6:09.3	27:35.5	+9:52.1	8:54.0
74 / 24 / 3	84	PALISCH, Sara	PERRYVILLE, MO	F30-34	9:02.108	9:02.1	9:01.143	9:01.1	8:58.782	8:58.8	0:36.193	6:01.9	27:38.2	+9:54.8	8:54.9
75 / 25 / 4	83	HUNT, Becky	FROHNA, MO	F30-34	9:02.171	9:02.2	9:01.029	9:01.0	8:58.784	8:58.8	0:36.414	6:04.1	27:38.3	+9:54.9	8:54.9
76 / 51 / 7	172	MOSIER, Darrel	FISK, MO	M40-44	9:15.278	9:15.3	9:11.377	9:11.4	8:43.652	8:43.7	0:32.256	5:22.6	27:42.5	+9:59.1	8:56.3
77 / 26 / 8	362	MADDOX, Andrea	MALDEN, MO	F35-39	8:56.499	8:56.5	9:03.175	9:03.2	9:08.135	9:08.1	0:35.479	5:54.8	27:43.2	+9:59.8	8:56.5
78 / 52 / 10	395	MAYBERRY, Kenny	CAPE GIRARDEAU...	M45-49	8:56.933	8:56.9	9:17.620	9:17.6	8:53.707	8:53.7	0:35.893	5:58.9	27:44.1	+10:00.7	8:56.8
79 / 53 / 7	3	ROTHEMEYER, Matthew	JACKSON, MO	M25-29	9:18.310	9:18.3	9:20.347	9:20.3	8:31.962	8:32.0	0:34.460	5:44.6	27:45.0	+10:01.6	8:57.1
80 / 27 / 5	393	OSHEA, Andrea	FARMINGTON, MO	F30-34	9:29.159	9:29.2	8:56.786	8:56.8	8:45.698	8:45.7	0:37.031	6:10.3	27:48.6	+10:05.2	8:58.3
81 / 28 / 6	28	BROOKS, Krystle	STE. GENEVIEVE, ...	F25-29	8:43.280	8:43.3	9:40.089	9:40.1	8:53.615	8:53.6	0:34.089	5:40.9	27:51.0	+10:07.6	8:59.0
82 / 29 / 7	138	LINTNER, Freda	CAPE GIRARDEAU...	F25-29	9:48.630	9:48.6	9:11.661	9:11.7	8:32.115	8:32.1	0:23.735	3:57.4	27:56.1	+10:12.7	9:00.7
83 / 30 / 8	204	DIRNBERGER, Holly	CAPE GIRARDEAU...	F25-29	9:48.404	9:48.4	9:12.311	9:12.3	8:31.970	8:32.0	0:27.114	4:31.1	27:59.7	+10:16.3	9:01.8
84 / 31 / 6	308	HOLCH, Jennifer	MARBLE HILL, MO	F30-34	9:39.290	9:39.3	9:07.218	9:07.2	8:52.879	8:52.9	0:32.553	5:25.5	28:11.9	+10:28.5	9:05.8
85 / 54 / 11	394	WIMP, Jack	CAPE GIRARDEAU...	M45-49	9:08.118	9:08.1	9:35.272	9:35.3	9:07.149	9:07.1	0:31.331	5:13.3	28:21.8	+10:38.4	9:09.0
86 / 55 / 8	326	WOODNEY, Steve	CAPE GIRARDEAU...	M40-44	9:40.043	9:40.0	9:10.263	9:10.3	9:01.366	9:01.4	0:32.075	5:20.8	28:23.7	+10:40.3	9:09.6
87 / 56 / 4	166	WATKINS, Nate	DEXTER, MO	M 19 & Under	9:26.431	9:26.4	9:14.873	9:14.9	9:17.535	9:17.5	0:25.937	4:19.4	28:24.7	+10:41.3	9:09.9
88 / 32 / 7	202	DICKERSON, Shanna	JACKSON, MO	F30-34	9:01.403	9:01.4	9:29.003	9:29.0	9:39.038	9:39.0	0:25.422	4:14.2	28:34.8	+10:51.4	9:13.2
89 / 33 / 3	275	BOLLINGER, Sierra	BURFORDVILLE, MO	F20-24	9:19.415	9:19.4	9:33.766	9:33.8	9:15.723	9:15.7	0:27.052	4:30.5	28:35.9	+10:52.5	9:13.5
90 / 34 / 9	199	VICKERY, Sarah	CAPE GIRARDEAU...	F25-29	9:29.364	9:29.4	9:29.868	9:29.9	9:09.688	9:09.7	0:33.108	5:31.1	28:42.0	+10:58.6	9:15.5
91 / 35 / 2	217	BOEHME, Elaina	ALTENBURG, MO	F45-49	9:37.993	9:38.0	9:28.363	9:28.4	9:06.023	9:06.0	0:31.650	5:16.5	28:44.0	+11:00.6	9:16.1
92 / 36 / 3	360	KETCHERSIDE, Laura	CAPE GIRARDEAU...	F45-49	9:29.029	9:29.0	9:27.443	9:27.4	9:15.367	9:15.4	0:36.394	6:03.9	28:48.2	+11:04.8	9:17.5
93 / 37 / 10	78	LEIBOLD, Alicia	SIKESTON, MO	F25-29	9:58.431	9:58.4	9:10.142	9:10.1	9:10.461	9:10.5	0:35.119	5:51.2	28:54.1	+11:10.7	9:19.4
94 / 57 / 3	23	ZARUBA, Brad	CAPE GIRARDEAU...	M55-59	9:36.718	9:36.7	9:34.251	9:34.3	9:09.705	9:09.7	0:35.206	5:52.1	28:55.8	+11:12.4	9:19.9
95 / 58 / 12	314	HOLTERMAN, Rene	JACKSON, MO	M45-49	9:31.100	9:31.1	9:29.118	9:29.1	9:29.239	9:29.2	0:28.954	4:49.5	28:58.4	+11:15.0	9:20.8
96 / 38 / 8	245	LOPEZ, Susie	CAPE GIRARDEAU...	F30-34	9:49.697	9:49.7	9:31.631	9:31.6	9:03.170	9:03.2	0:35.456	5:54.6	28:59.9	+11:16.5	9:21.3

* indicates adjustments applied, see last page for details

5KFVS Run/Walk

Overall by Distance: 5k Continued

Ovr	All / Gndr / Div	No	Name	Representing	Division	1 Mile	min/mi	2 Mile	min/mi	3 Mile	min/mi	.1	min/mi	Total Time	Back	Pace
97	/ 59 / 5	315	HOLTERMAN, Dennis	JACKSON, MO	M 19 & Under	9:30.579	9:30.6			19:03.715	19:03.7	0:31.319	5:13.2	29:05.6	+11:22.2	9:23.1
98	/ 60 / 8	411	MILLER, Matt	CAPE GIRARDEAU...	M25-29	9:20.446	9:20.4	10:01.891	10:01.9	9:20.817	9:20.8	0:27.782	4:37.8	29:10.9	+11:27.5	9:24.8
99	/ 61 / 6	260	POLLITTE, Jake	CAPE GIRARDEAU...	M20-24	8:50.465	8:50.5	9:41.955	9:42.0	10:02.337	10:02.3	0:38.334	6:23.3	29:13.0	+11:29.6	9:25.5
100	/ 39 / 11	265	STANFIELD, Courtney	CAPE GIRARDEAU...	F25-29	8:57.166	8:57.2	9:54.441	9:54.4	9:43.202	9:43.2	0:38.411	6:24.1	29:13.2	+11:29.8	9:25.5
101	/ 62 / 9	440	MARTIN, Greg	SplitMaster Rac...	M25-29	9:19.277	9:19.3	9:49.682	9:49.7	9:33.591	9:33.6	0:34.001	5:40.0	29:16.5	+11:33.1	9:26.6
102	/ 63 / 10	396	SANDERS, Clayton	CAPE GIRARDEAU...	M25-29	8:15.589	8:15.6	10:49.808	10:49.8	10:01.713	10:01.7	0:28.118	4:41.2	29:35.2	+11:51.8	9:32.6
103	/ 64 / 11	207	OHARE, Eric	JACKSON, MO	M25-29	8:23.268	8:23.3	11:19.358	11:19.4	9:22.601	9:22.6	0:30.118	5:01.2	29:35.3	+11:51.9	9:32.7
104	/ 40 / 3	141	ESSNER, Linda	CAPE GIRARDEAU...	F50-54	10:01.644	10:01.6	9:31.778	9:31.8	9:29.081	9:29.1	0:34.994	5:49.9	29:37.4	+11:54.0	9:33.4
105	/ 41 / 1	177	LEWIS, Pamela	JACKSON, MO	F55-59	9:47.114	9:47.1	9:51.775	9:51.8	9:25.257	9:25.3	0:35.650	5:56.5	29:39.7	+11:56.3	9:34.1
106	/ 65 / 7	4	ST. JOHN, Jason	JACKSON, MO	M30-34	9:18.384	9:18.4	9:47.189	9:47.2	10:02.004	10:02.0	0:37.280	6:12.8	29:44.8	+12:01.4	9:35.7
107	/ 42 / 12	88	JOHNSON, Stacie	SCOTT CITY, MO	F25-29	9:54.178	9:54.2	9:47.966	9:48.0	9:34.204	9:34.2	0:31.538	5:15.4	29:47.8	+12:04.4	9:36.7
108	/ 66 / 12	71	ROBLES, Jose	PERRYVILLE, MO	M25-29	9:28.311	9:28.3	9:45.251	9:45.3	9:58.761	9:58.8	0:37.189	6:11.9	29:49.5	+12:06.1	9:37.3
109	/ 67 / 4	247	CLARK, Ted	JACKSON, MO	M55-59	10:03.963	10:04.0	9:37.668	9:37.7	9:30.150	9:30.2	0:37.826	6:18.3	29:49.6	+12:06.2	9:37.3
110	/ 43 / 4	237	CRITES, Julie	JACKSON, MO	F50-54	10:04.792	10:04.8	9:37.642	9:37.6	9:29.350	9:29.4	0:38.048	6:20.5	29:49.8	+12:06.4	9:37.4
111	/ 44 / 3	114	WINDEKNECHT, Rhonda	SplitMaster Racin...	F40-44	9:56.834	9:56.8	9:45.376	9:45.4	9:34.283	9:34.3	0:34.057	5:40.6	29:50.5	+12:07.1	9:37.6
112	/ 45 / 13	410	HUDDLESTON, Autum	POPLAR BLUFF, MO	F25-29	9:40.580	9:40.6	9:56.181	9:56.2	9:42.947	9:42.9	0:34.967	5:49.7	29:54.6	+12:11.2	9:38.9
113	/ 46 / 9	399	CARSON, Roxanne	POPLAR BLUFF, MO	F30-34	10:20.621	10:20.6	9:43.388	9:43.4	9:14.740	9:14.7	0:40.912	6:49.1	29:59.6	+12:16.2	9:40.5
114	/ 47 / 4	246	AUSTIN, Sherry	CHARLESTON, MO	F40-44	8:59.322	8:59.3	10:41.666	10:41.7	9:59.464	9:59.5	0:35.441	5:54.4	30:15.8	+12:32.4	9:45.7
115	/ 48 / 14	279	DRISKELL, Danielle	CAPE GIRARDEAU...	F25-29	9:30.872	9:30.9	10:38.574	10:38.6	9:32.722	9:32.7	0:36.559	6:05.6	30:18.7	+12:35.3	9:46.7
116	/ 49 / 5	36	DEE, Laura	JACKSON, MO	F50-54	9:37.911	9:37.9	10:10.868	10:10.9	9:51.502	9:51.5	0:38.989	6:29.9	30:19.2	+12:35.8	9:46.8
117	/ 50 / 15	158	HARPER, Holly	ANNA, IL	F25-29	10:06.438	10:06.4	9:51.604	9:51.6	9:47.857	9:47.9	0:35.756	5:57.6	30:21.6	+12:38.2	9:47.6
118	/ 51 / 4	182	GREEN, Isela	POPLAR BLUFF, MO	F45-49	10:13.858	10:13.9	10:02.009	10:02.0	9:33.297	9:33.3	0:33.277	5:32.8	30:22.4	+12:39.0	9:47.9
119	/ 68 / 13	140	ESSNER, Mark	CAPE GIRARDEAU...	M45-49	10:25.175	10:25.2	9:34.009	9:34.0	9:48.847	9:48.8	0:34.921	5:49.2	30:22.9	+12:39.5	9:48.0
120	/ 69 / 14	13	RICHARDS, Todd	JACKSON, MO	M45-49	9:48.449	9:48.4	10:08.705	10:08.7	9:53.419	9:53.4	0:35.289	5:52.9	30:25.8	+12:42.4	9:49.0
121	/ 52 / 5	413	HARTMAN, Kelly	CAPE GIRARDEAU...	F45-49	10:18.665	10:18.7	10:06.342	10:06.3	9:25.559	9:25.6	0:35.706	5:57.1	30:26.2	+12:42.8	9:49.1
122	/ 53 / 9	42	BARNES, Jackie	VAN BUREN, MO	F35-39	9:37.264	9:37.3	9:59.268	9:59.3	10:13.679	10:13.7	0:37.657	6:16.6	30:27.8	+12:44.4	9:49.6
123	/ 70 / 9	382	GARGAC, Brian	GRANDIN, MO	M40-44	10:00.005	10:00.0	9:56.262	9:56.3	10:03.796	10:03.8	0:38.192	6:21.9	30:38.2	+12:54.8	9:53.0
124	/ 54 / 10	334	HICKS, Stacey	CAPE GIRARDEAU...	F30-34	10:18.097	10:18.1	10:05.776	10:05.8	9:36.780	9:36.8	0:38.161	6:21.6	30:38.8	+12:55.4	9:53.2
125	/ 55 / 16	111	ESTES, Jessica	CAPE GIRARDEAU...	F25-29	9:22.708	9:22.7	10:29.000	10:29.0	10:19.800	10:19.8	0:37.127	6:11.3	30:48.6	+13:05.2	9:56.3
126	/ 56 / 17	346	BURGER, Kim	SCOTT CITY, MO	F25-29	10:22.963	10:23.0	10:14.052	10:14.1	9:39.849	9:39.8	0:34.034	5:40.3	30:50.8	+13:07.4	9:57.0
126	/ 56 / 17	344	ENDERLE, Laura	SCOTT CITY, MO	F25-29	10:23.132	10:23.1	10:14.044	10:14.0	9:39.951	9:40.0	0:33.752	5:37.5	30:50.8	+13:07.4	9:57.0
128	/ 58 / 4	324	HECHT, Kara	CAPE GIRARDEAU...	F20-24	9:48.056	9:48.1	10:29.221	10:29.2	10:00.366	10:00.4	0:34.991	5:49.9	30:52.6	+13:09.2	9:57.6
129	/ 71 / 2	195	JAMES, William	GLENALLEN, MO	M60-64	9:53.207	9:53.2	10:39.220	10:39.2	9:49.359	9:49.4	0:40.751	6:47.5	31:02.5	+13:19.1	10:00.8
130	/ 59 / 5	313	HOLTERMAN, Helga	JACKSON, MO	F40-44	10:27.065	10:27.1	10:01.360	10:01.4	9:57.776	9:57.8	0:37.358	6:13.6	31:03.5	+13:20.1	10:01.1
131	/ 72 / 3	75	BIDDLE, Richard	CAPE GIRARDEAU...	M60-64	10:14.200	10:14.2			20:14.572	20:14.6	0:35.117	5:51.2	31:03.8	+13:20.4	10:01.2
132	/ 60 / 11	408	YAMNITZ, Melissa	PATTON, MO	F30-34	10:08.804	10:08.8	10:13.974	10:14.0	10:05.997	10:06.0	0:42.125	7:01.3	31:10.9	+13:27.5	10:03.5
133	/ 61 / 2	116	ROBERT, Linda	SplitMaster Racin...	F55-59	10:04.596	10:04.6	10:18.816	10:18.8	10:08.516	10:08.5	0:40.980	6:49.8	31:12.9	+13:29.5	10:04.2
134	/ 62 / 19	273	BOEHME, Kathleen	CAPE GIRARDEAU...	F25-29	10:09.224	10:09.2	10:29.937	10:29.9	10:07.290	10:07.3	0:32.383	5:23.8	31:18.8	+13:35.4	10:06.1
135	/ 73 / 6	221	SEABAUGH, Jacob	OAK RIDGE, MO	M 19 & Under	11:03.557	11:03.6	10:17.639	10:17.6	9:28.505	9:28.5	0:29.500	4:55.0	31:19.2	+13:35.8	10:06.2
136	/ 74 / 8	381	PROST, Joseph	CAPE GIRARDEAU...	M30-34	9:42.353	9:42.4	10:15.502	10:15.5	10:55.635	10:55.6	0:33.565	5:35.7	31:27.0	+13:43.6	10:08.7
136	/ 74 / 5	105	SMITH, Eric	EAST PRAIRIE, MO	M50-54	10:21.993	10:22.0	10:31.070	10:31.1	9:58.680	9:58.7	0:35.318	5:53.2	31:27.0	+13:43.6	10:08.7
138	/ 63 / 20	145	ROGERS, Susan	POPLAR BLUFF, MO	F25-29	9:27.055	9:27.1	10:57.843	10:57.8	10:28.144	10:28.1	0:36.617	6:06.2	31:29.6	+13:46.2	10:09.5
139	/ 64 / 6	350	RHEAUME, Jamie	CARRIER, MO	F50-54	10:09.754	10:09.8	10:30.107	10:30.1	10:11.368	10:11.4	0:40.851	6:48.5	31:32.0	+13:48.6	10:10.3
140	/ 76 / 8	383	LECKIE, Joe	JACKSON, MO	M35-39	9:37.092	9:37.1	10:30.999	10:31.0	10:52.177	10:52.2	0:32.994	5:29.9	31:33.2	+13:49.8	10:10.7
141	/ 65 / 12	148	KEITH, Lauren	ANNA, IL	F30-34	11:15.880	11:15.9	9:59.145	9:59.1	9:45.127	9:45.1	0:33.161	5:31.6	31:33.3	+13:49.9	10:10.7
142	/ 66 / 13	348	PHENIX, Jamie	CAPE GIRARDEAU...	F30-34	9:51.685	9:51.7	10:26.064	10:26.1	10:31.738	10:31.7	0:45.312	7:33.1	31:34.7	+13:51.3	10:11.2
143	/ 67 / 2	181	GREEN, Jessie	POPLAR BLUFF, MO	F 19 & Under	10:14.958	10:15.0	10:45.608	10:45.6	9:57.575	9:57.6	0:38.118	6:21.2	31:36.2	+13:52.8	10:11.7
144	/ 68 / 14	63	MOSBY, Lyndsey	BENTON, MO	F30-34	10:56.751	10:56.8	10:18.347	10:18.3	9:46.864	9:46.9	0:39.082	6:30.8	31:41.0	+13:57.6	10:13.2
145	/ 69 / 3	250	DUENNE, Victoria	CHARLESTON, MO	F 19 & Under	10:00.457	10:00.5	11:04.603	11:04.6	10:10.424	10:10.4	0:26.637	4:26.4	31:42.1	+13:58.7	10:13.6
146	/ 70 / 21	120	DIRNBERGER, Erica	ORAN, MO	F25-29	10:07.499	10:07.5	10:21.553	10:21.6	10:41.705	10:41.7	0:36.608	6:06.1	31:47.3	+14:03.9	10:15.3
147	/ 77 / 4	66	LINCOLN, James	CAPE GIRARDEAU...	M60-64	10:47.254	10:47.3	10:26.552	10:26.6	10:00.958	10:01.0	0:37.809	6:18.1	31:52.5	+14:09.1	10:16.9
148	/ 71 / 15	224	WHITEHEAD, Trisha	POPLAR BLUFF, MO	F30-34	10:51.554	10:51.6			20:23.913	20:23.9	0:38.885	6:28.8	31:54.3	+14:10.9	10:17.5
149	/ 72 / 22	33	BERKEMEIER, Tracey	COLLINSVILLE, IL	F25-29	10:41.215	10:41.2	10:28.662	10:28.7	10:05.129	10:05.1	0:39.508	6:35.1	31:54.5	+14:11.1	10:17.6
150	/ 73 / 6	244	TATUM, Melissa	BERTRAND, MO	F40-44	10:06.769	10:06.8	10:52.931	10:52.9	10:24.276	10:24.3	0:39.560	6:35.6	32:03.5	+14:20.1	10:20.5
151	/ 74 / 5	168	PENDER, Beth	JONESBORO, IL	F20-24	9:45.285	9:45.3	11:02.485	11:02.5	10:41.979	10:42.0	0:40.476	6:44.8	32:10.2	+14:26.8	10:22.6
152	/ 78 / 7	354	BYARS, Gavin	CAPE GIRARDEAU...	M 19 & Under	10:21.967	10:22.0	10:35.375	10:35.4	10:39.939	10:39.9	0:36.452	6:04.5	32:13.7	+14:30.3	10:23.8
153	/ 75 / 6	178	FARROW, Sandy	JACKSON, MO	F45-49	9:49.347	9:49.3	11:01.247	11:01.2	10:49.287	10:49.3	0:42.534	7:05.3	32:22.4	+14:39.0	10:26.6

* indicates adjustments applied, see last page for details

5KFVS Run/Walk

Overall by Distance: 5k Continued

OvrAll / Gndr / Div	No	Name	Representing	Division	1 Mile	min/mi	2 Mile	min/mi	3 Mile	min/mi	.1	min/mi	Total Time	Back	Pace
154 / 79 / 13	271	SCHLOSSER, Eric	SCOTT CITY, MOM25-29		11:37.435	11:37.4	10:32.109	10:32.1	9:45.579	9:45.6	0:33.873	5:38.7	32:28.9	+14:45.5	10:28.7
155 / 76 / 3	272	HAHS, Anita	OAK RIDGE, MO F55-59		10:01.381	10:01.4	10:59.856	10:59.9	10:53.510	10:53.5	0:40.020	6:40.2	32:34.7	+14:51.3	10:30.5
156 / 77 / 4	307	MOORE, Breanna	POPLAR BLUFF, MO F 19 & Under		10:52.035	10:52.0	10:54.386	10:54.4	10:07.325	10:07.3	0:41.277	6:52.8	32:35.0	+14:51.6	10:30.6
157 / 78 / 16	60	MCBRIDE, Kim	POPLAR BLUFF, MO F30-34		10:34.630	10:34.6	10:05.043	10:05.0	11:11.355	11:11.4	0:45.383	7:33.8	32:36.4	+14:53.0	10:31.1
158 / 79 / 17	290	GOWAN, Alison	PORTAGEVILLE, MO F30-34		11:05.185	11:05.2	10:26.202	10:26.2	10:29.644	10:29.6	0:39.395	6:34.0	32:40.4	+14:57.0	10:32.4
159 / 80 / 7	266	LITZELFELNER, Deb	JACKSON, MO F50-54		10:30.651	10:30.7	11:00.865	11:00.9	10:31.688	10:31.7	0:41.153	6:51.5	32:44.3	+15:00.9	10:33.6
160 / 80 / 8	355	BYARS, Keaton	CAPE GIRARDEAU... M 19 & Under		10:22.818	10:22.8	10:34.993	10:35.0	11:09.554	11:09.6	0:37.292	6:12.9	32:44.6	+15:01.2	10:33.7
161 / 81 / 7	27	KELPE, Annette	CAPE GIRARDEAU... F40-44		10:10.005	10:10.0	11:36.667	11:36.7	10:25.400	10:25.4	0:35.618	5:56.2	32:47.6	+15:04.2	10:34.7
161 / 81 / 7	281	PLEIMANN, Tammy	CAPE GIRARDEAU... F40-44		10:34.497	10:34.5	10:52.913	10:52.9	10:42.311	10:42.3	0:37.956	6:19.6	32:47.6	+15:04.2	10:34.7
163 / 83 / 6	335	PATTERSON, Katie	ADVANCE, MO F20-24		10:42.231	10:42.2	10:29.668	10:29.7	10:57.042	10:57.0	0:40.048	6:40.5	32:48.9	+15:05.5	10:35.1
164 / 84 / 9	412	ROBERT, Alisha	CAPE GIRARDEAU... F40-44		10:41.788	10:41.8	11:22.869	11:22.9	10:09.855	10:09.9	0:38.700	6:27.0	32:53.2	+15:09.8	10:36.5
165 / 81 / 14	73	MCCALL, Darin	JACKSON, MO M25-29		9:53.213	9:53.2	11:09.513	11:09.5	11:13.911	11:13.9	0:39.538	6:35.4	32:56.1	+15:12.7	10:37.5
166 / 85 / 10	379	MAGNUS, Roxane	CAPE GIRARDEAU... F40-44		10:14.963	10:15.0	11:10.718	11:10.7	10:53.330	10:53.3	0:43.159	7:11.6	33:02.1	+15:18.7	10:39.4
167 / 82 / 5	126	GOODMAN, Dennis	ANNA, IL M60-64		10:54.384	10:54.4	11:15.915	11:15.9	10:12.260	10:12.3	0:43.802	7:18.0	33:06.3	+15:22.9	10:40.7
168 / 86 / 11	47	LAYTON, Kristy	FRIEDHEIM, MO F40-44		11:05.780	11:05.8	11:09.362	11:09.4	10:31.890	10:31.9	0:41.280	6:52.8	33:28.3	+15:44.9	10:47.8
169 / 87 / 10	137	HAHS, Jill	OAK RIDGE, MO F35-39		11:06.462	11:06.5	11:07.001	11:07.0	10:33.604	10:33.6	0:41.362	6:53.6	33:28.4	+15:45.0	10:47.9
170 / 88 / 12	336	PATTERSON, Cynthia	ADVANCE, MO F40-44		10:53.694	10:53.7	11:47.191	11:47.2	10:19.688	10:19.7	0:36.481	6:04.8	33:37.0	+15:53.6	10:50.6
171 / 83 / 7	118	LONG, Brandon	GRASSY, MO M20-24		9:47.830	9:47.8	11:58.866	11:58.9	11:13.571	11:13.6	0:42.176	7:01.8	33:42.4	+15:59.0	10:52.4
172 / 89 / 23	136	STEINKAMP, Robin	CAPE GIRARDEAU... F25-29		10:54.508	10:54.5	11:19.887	11:19.9	10:45.994	10:46.0	0:42.222	7:02.2	33:42.6	+15:59.2	10:52.5
173 / 90 / 5	300	WALL, Tori	CHAFFEE, MO F 19 & Under		10:24.262	10:24.3	10:50.845	10:50.8	11:43.660	11:43.7	0:45.499	7:35.0	33:44.2	+16:00.8	10:53.0
174 / 91 / 11	49	SMITH, Melissa	CAPE GIRARDEAU... F35-39		11:27.751	11:27.8	10:56.287	10:56.3	10:48.012	10:48.0	0:35.329	5:53.3	33:47.3	+16:03.9	10:54.0
175 / 84 / 10	405	HAMMOND, Patrick	CAPE GIRARDEAU... M40-44		10:10.749	10:10.7	11:16.055	11:16.1	11:48.099	11:48.1	0:36.426	6:04.3	33:51.3	+16:07.9	10:55.3
176 / 92 / 18	235	YATES, Valerie	POPLAR BLUFF, MO F30-34		11:33.253	11:33.3	10:56.779	10:56.8	10:43.323	10:43.3	0:39.611	6:36.1	33:52.9	+16:09.5	10:55.8
177 / 93 / 4	198	VICKERY, Susan	CAPE GIRARDEAU... F55-59		11:18.730	11:18.7	11:19.510	11:19.5	10:48.019	10:48.0	0:41.602	6:56.0	34:07.8	+16:24.4	11:00.6
178 / 94 / 24	91	NEWTON, Ashley	ADVANCE, MO F25-29		10:13.044	10:13.0	11:45.033	11:45.0	11:34.624	11:34.6	0:38.242	6:22.4	34:10.9	+16:27.5	11:01.6
179 / 95 / 13	18	SWEENEY, Kathy	CAPE GIRARDEAU... F40-44		11:05.286	11:05.3	11:05.379	11:05.4	11:13.669	11:13.7	0:48.459	8:04.6	34:12.7	+16:29.3	11:02.2
180 / 96 / 12	409	DEATON, Michelle	POPLAR BLUFF, MO F35-39		10:53.896	10:53.9	11:17.497	11:17.5	11:14.889	11:14.9	0:48.621	8:06.2	34:14.9	+16:31.5	11:02.9
181 / 97 / 14	50	ABNER, Hollye	POPLAR BLUFF, MO F40-44		10:17.685	10:17.7	11:34.076	11:34.1	11:40.628	11:40.6	0:43.730	7:17.3	34:16.1	+16:32.7	11:03.3
182 / 98 / 7	41	KENNEDY, Brenda	CAPE GIRARDEAU... F45-49		10:45.258	10:45.3	11:32.207	11:32.2	11:20.020	11:20.0	0:42.901	7:09.0	34:20.3	+16:36.9	11:04.6
183 / 99 / 15	213	MORROW, Molly	BERTRAND, MO F40-44		11:41.292	11:41.3	11:07.776	11:07.8	10:49.647	10:49.6	0:45.224	7:32.2	34:23.9	+16:40.5	11:05.8
184 / 100 / 25	230	GRIFFITH, Stephanie	JACKSON, MO F25-29		11:36.825	11:36.8	11:03.556	11:03.6	11:05.466	11:05.5	0:39.410	6:34.1	34:25.2	+16:41.8	11:06.2
185 / 85 / 8	231	RILEY, Jason	JACKSON, MO M20-24		11:36.693	11:36.7	11:02.962	11:03.0	11:05.977	11:06.0	0:39.724	6:37.2	34:25.3	+16:41.9	11:06.2
186 / 101 / 6	330	GOODIER, Kylie	JACKSON, MO F 19 & Under		11:38.571	11:38.6	11:01.714	11:01.7	11:02.010	11:02.0	0:44.581	7:25.8	34:26.8	+16:43.4	11:06.7
187 / 86 / 9	270	MCMILLIAN, Brian	CAPE GIRARDEAU... M35-39		10:51.487	10:51.5	11:20.543	11:20.5	11:31.831	11:31.8	0:43.801	7:18.0	34:27.6	+16:44.2	11:07.0
188 / 102 / 1	400	HAYWARD, Orme	CAPE GIRARDEAU... F70+		11:01.347	11:01.3	11:46.092	11:46.1	11:12.544	11:12.5	0:40.987	6:49.9	34:40.9	+16:57.5	11:11.3
189 / 103 / 19	68	SILMAN, Michelle	SCOTT CITY, MO F30-34		11:16.163	11:16.2	11:34.100	11:34.1	11:09.688	11:09.7	0:45.363	7:33.6	34:45.3	+17:01.9	11:12.7
190 / 104 / 8	17	TUSCHHOFF, Kathy	CAPE GIRARDEAU... F50-54		11:30.580	11:30.6	11:35.038	11:35.0	11:05.620	11:05.6	0:46.209	7:42.1	34:57.4	+17:14.0	11:16.6
191 / 105 / 20	94	EVANS, Leslie	SplitMaster Racin... F30-34		11:10.670	11:10.7	11:42.662	11:42.7	11:28.776	11:28.8	0:41.605	6:56.1	35:03.7	+17:20.3	11:18.6
192 / 87 / 9	188	SCHELDT, Brandon	CAPE GIRARDEAU... M30-34		11:06.457	11:06.5	11:46.842	11:46.8	11:30.315	11:30.3	0:41.436	6:54.4	35:05.0	+17:21.6	11:19.0
193 / 88 / 9	371	SHRUM, Nathan	MILLERSVILLE, MO M 19 & Under		10:50.823	10:50.8	11:40.878	11:40.9	12:00.943	12:00.9	0:40.149	6:41.5	35:12.7	+17:29.3	11:21.5
194 / 106 / 7	370	SHRUM, Brittany	MILLERSVILLE, MO F 19 & Under		10:51.043	10:51.0	11:41.681	11:41.7	12:00.065	12:00.1	0:40.403	6:44.0	35:13.1	+17:29.7	11:21.6
195 / 89 / 10	368	SHRUM, Keith	MILLERSVILLE, MO M35-39		10:51.367	10:51.4	11:40.953	11:41.0	12:00.658	12:00.7	0:41.644	6:56.4	35:14.6	+17:31.2	11:22.1
196 / 107 / 21	67	HOFFMAN, Kera	POPLAR BLUFF, MO F30-34		11:20.177	11:20.2	11:41.332	11:41.3	11:33.728	11:33.7	0:47.480	7:54.8	35:22.7	+17:39.3	11:24.7
197 / 108 / 7	286	BEEZLEY, Meagon	PIEDMONT, MO F20-24		11:19.028	11:19.0	11:49.980	11:50.0	11:52.307	11:52.3	0:42.392	7:03.9	35:43.7	+18:00.3	11:31.5
198 / 109 / 22	263	CONNER, Tara	JACKSON, MO F30-34		10:53.867	10:53.9	12:17.482	12:17.5	12:00.099	12:00.1	0:39.553	6:35.5	35:51.0	+18:07.6	11:33.9
199 / 110 / 26	264	TEAGUE, Jessica	JACKSON, MO F25-29		10:54.061	10:54.1	12:17.018	12:17.0	12:00.402	12:00.4	0:39.674	6:36.7	35:51.1	+18:07.7	11:33.9
200 / 111 / 8	301	MCALISTER, Madison	CHAFFEE, MO F 19 & Under		11:15.263	11:15.3	12:27.182	12:27.2	11:32.659	11:32.7	0:37.534	6:15.3	35:52.6	+18:09.2	11:34.4
201 / 112 / 8	303	MARKET, Cheryl	JACKSON, MO F45-49		11:23.479	11:23.5	12:16.031	12:16.0	11:39.453	11:39.5	0:38.922	6:29.2	35:57.8	+18:14.4	11:36.1
202 / 113 / 23	109	BOWMAN, Jamie	CAPE GIRARDEAU... F30-34		12:17.927	12:17.9	10:34.543	10:34.5	12:29.377	12:29.4	0:38.573	6:25.7	36:00.4	+18:17.0	11:36.9
203 / 114 / 13	419	SWAIN, Kerrie	Chaffee, Mo F35-39		12:11.838	12:11.8	11:49.112	11:49.1	11:30.395	11:30.4	0:43.040	7:10.4	36:14.3	+18:30.9	11:41.4
204 / 115 / 16	122	JONES, Roxatha	CHAFFEE, MO F40-44		12:11.749	12:11.7	11:49.248	11:49.2	11:30.160	11:30.2	0:43.248	7:12.5	36:14.4	+18:31.0	11:41.4
205 / 116 / 24	103	DAVENPORT, Roxanne	CHAFFEE, MO F30-34		11:01.733	11:01.7	12:03.797	12:03.8	12:23.335	12:23.3	0:48.866	8:08.7	36:17.7	+18:34.3	11:42.5
206 / 117 / 8	338	MARKET, Nicole	JACKSON, MO F20-24		11:23.194	11:23.2	12:50.982	12:51.0	11:28.854	11:28.9	0:36.792	6:07.9	36:19.8	+18:36.4	11:43.2
207 / 90 / 15	349	MARTIN, Lenny	SplitMaster Racin... M45-49		11:22.032	11:22.0	12:14.329	12:14.3	12:02.010	12:02.0	0:46.721	7:47.2	36:25.0	+18:41.6	11:44.8
208 / 118 / 25	351	BRANTLEY, Holly	CAPE GIRARDEAU... F30-34		11:29.609	11:29.6	12:08.304	12:08.3	12:07.169	12:07.2	0:46.765	7:47.7	36:31.8	+18:48.4	11:47.0
208 / 118 / 9	372	MILLWEARD, Christy	CAPE GIRARDEAU... F20-24		11:29.678	11:29.7	12:08.245	12:08.2	12:07.064	12:07.1	0:46.871	7:48.7	36:31.8	+18:48.4	11:47.0
210 / 120 / 17	294	COX, Tammy	GREENVILLE, MO F40-44		11:14.827	11:14.8	12:25.360	12:25.4	12:20.424	12:20.4	0:43.915	7:19.2	36:44.5	+19:01.1	11:51.1

* indicates adjustments applied, see last page for details

5KFVS Run/Walk

Overall by Distance: 5k Continued

OvrAll / Gndr / Div	No	Name	Representing	Division	1 Mile	min/mi	2 Mile	min/mi	3 Mile	min/mi	.1	min/mi	Total Time	Back	Pace
211 / 91 / 11	353	BROECKLING, John	CAPE GIRARDEAU...	M35-39	11:14.388	11:14.4	13:11.469	13:11.5	11:58.165	11:58.2	0:32.261	5:22.6	36:56.2	+19:12.8	11:54.9
212 / 92 / 12	34	CLUBBS, Bob	JACKSON, MO	M35-39	12:07.013	12:07.0	12:42.150	12:42.2	11:19.256	11:19.3	0:48.276	8:02.8	36:56.6	+19:13.2	11:55.0
218 / 121 / 27	406	ROTH, Stephanie	FROHNA, MO	F25-29	12:10.250	12:10.3	12:16.901	12:16.9	11:54.407	11:54.4	0:35.080	5:50.8	36:56.6	+19:13.2	11:55.0
214 / 122 / 14	414	DODD, Julie	Bloomfield, Mo	F35-39	12:04.890	12:04.9	12:42.383	12:42.4	11:29.475	11:29.5	0:40.306	6:43.1	36:57.0	+19:13.6	11:55.2
215 / 123 / 28	249	COLON, Ashley	CAPE GIRARDEAU...	F25-29	10:58.419	10:58.4	13:11.761	13:11.8	12:06.114	12:06.1	0:44.192	7:21.9	37:00.4	+19:17.0	11:56.3
216 / 124 / 29	107	MOORE, Amber	ADVANCE, MO	F25-29	11:33.657	11:33.7	12:51.926	12:51.9	11:58.412	11:58.4	0:37.506	6:15.1	37:01.5	+19:18.1	11:56.6
217 / 125 / 26	282	JARRELL, Jamie	BLOOMFIELD, MO	F30-34	12:05.047	12:05.0	12:52.135	12:52.1	11:22.723	11:22.7	0:42.798	7:08.0	37:02.7	+19:19.3	11:57.0
218 / 126 / 5	62	KEELE, Rita	CAPE GIRARDEAU...	F55-59	12:08.759	12:08.8	12:24.211	12:24.2	11:45.576	11:45.6	0:48.003	8:00.0	37:06.5	+19:23.1	11:58.2
219 / 93 / 10	341	SMELSER, Shaun	CAPE GIRARDEAU...	M30-34	11:16.824	11:16.8	13:16.880	13:16.9	11:54.619	11:54.6	0:40.340	6:43.4	37:08.6	+19:25.2	11:58.9
220 / 127 / 18	19	MCCLARD, Tracy	JACKSON, MO	F40-44	11:43.949	11:43.9	12:40.144	12:40.1	12:04.987	12:05.0	0:46.052	7:40.5	37:15.1	+19:31.7	12:01.0
221 / 128 / 9	176	HUNT, Audrey	JACKSON, MO	F 19 & Under	11:56.456	11:56.5	13:04.963	13:05.0	11:51.235	11:51.2	0:40.067	6:40.7	37:32.7	+19:49.3	12:06.7
222 / 129 / 19	175	HUNT, Tammy	JACKSON, MO	F40-44	11:56.353	11:56.4	13:04.814	13:04.8	11:54.563	11:54.6	0:37.409	6:14.1	37:33.1	+19:49.7	12:06.8
223 / 130 / 10	345	CRADY, Theresa	SCOTT CITY, MO	F20-24	11:17.050	11:17.1	13:14.296	13:14.3	12:19.476	12:19.5	0:44.600	7:26.0	37:35.4	+19:52.0	12:07.5
224 / 131 / 15	194	BURTON, Renetha	CAPE GIRARDEAU...	F35-39	11:32.803	11:32.8	12:38.861	12:38.9	12:38.998	12:39.0	0:46.310	7:43.1	37:36.9	+19:53.5	12:08.0
225 / 132 / 27	99	WELKER, Elizabeth	MARBLE HILL, MO	F30-34	12:28.035	12:28.0	12:55.398	12:55.4	11:57.616	11:57.6	0:42.655	7:06.6	38:03.7	+20:20.3	12:16.7
226 / 94 / 13	391	ESTES, Larry	CHARLESTON, MO	M35-39	9:29.527	9:29.5	12:19.151	12:19.2	16:02.737	16:02.7	0:34.241	5:42.4	38:25.6	+20:42.2	12:23.7
227 / 133 / 9	155	GREASER, Julie	CAPE GIRARDEAU...	F50-54	12:34.053	12:34.1	12:36.601	12:36.6	12:27.571	12:27.6	0:49.300	8:13.0	38:27.5	+20:44.1	12:24.4
228 / 134 / 20	420	AHRENS, Susan	Jackson, Mo	F40-44	12:36.273	12:36.3	12:36.656	12:36.7	12:26.004	12:26.0	0:50.451	8:24.5	38:29.3	+20:45.9	12:24.9
229 / 135 / 30	238	NEIGHBORS, Brigitte	CAPE GIRARDEAU...	F25-29	12:12.728	12:12.7	12:40.436	12:40.4	12:48.506	12:48.5	0:50.957	8:29.6	38:32.6	+20:49.2	12:26.0
230 / 136 / 31	392	DIRNBERGER, Amy	CAPE GIRARDEAU...	F25-29	12:01.318	12:01.3	13:10.605	13:10.6	12:33.506	12:33.5	0:48.664	8:06.6	38:34.0	+20:50.6	12:26.5
231 / 137 / 28	352	BRITT, Crystal	CAPE GIRARDEAU...	F30-34	12:04.115	12:04.1	13:08.289	13:08.3	12:33.529	12:33.5	0:51.239	8:32.4	38:37.1	+20:53.7	12:27.5
232 / 138 / 16	38	CANNON, Janet	CAPE GIRARDEAU...	F35-39	12:45.441	12:45.4	12:37.511	12:37.5	12:25.869	12:25.9	0:50.320	8:23.2	38:39.1	+20:55.7	12:28.1
233 / 139 / 29	108	BELL, Marsha	ADVANCE, MO	F30-34	11:53.602	11:53.6	13:11.042	13:11.0	12:47.181	12:47.2	0:52.446	8:44.5	38:44.2	+21:00.8	12:29.7
234 / 140 / 9	7	HENSON, Kathy Jo	ALTENBURG, MO	F45-49	12:16.270	12:16.3	13:08.852	13:08.9	12:29.850	12:29.9	0:55.231	9:12.3	38:50.2	+21:06.8	12:31.7
235 / 141 / 10	331	GOODIER, Kara	JACKSON, MO	F 19 & Under	11:42.207	11:42.2	13:19.144	13:19.1	13:02.241	13:02.2	0:48.325	8:03.3	38:51.9	+21:08.5	12:32.2
236 / 142 / 30	320	GREEN, Melody	BRIGHTON, IL	F30-34	12:50.981	12:51.0	13:35.118	13:35.1	11:53.016	11:53.0	0:47.613	7:56.1	39:06.7	+21:23.3	12:37.0
237 / 143 / 10	160	HENRY, Tracy	SIKESTON, MO	F45-49	12:03.116	12:03.1	13:34.726	13:34.7	12:51.100	12:51.1	0:45.807	7:38.1	39:14.7	+21:31.3	12:39.6
238 / 144 / 21	327	WOODNEY, Lori	CAPE GIRARDEAU...	F40-44	12:20.794	12:20.8	13:09.232	13:09.2	13:17.036	13:17.0	0:49.584	8:15.8	39:36.6	+21:53.2	12:46.6
239 / 145 / 17	311	KNIGHT, Sherry	BLODGETT, MO	F35-39	13:03.456	13:03.5	13:24.947	13:24.9	12:32.680	12:32.7	0:46.911	7:49.1	39:47.9	+22:04.5	12:50.3
240 / 146 / 22	296	MENZ, Kathleen	CHAFFEE, MO	F40-44	13:03.443	13:03.4	13:25.043	13:25.0	12:32.566	12:32.6	0:47.376	7:53.8	39:48.4	+22:05.0	12:50.5
241 / 147 / 10	89	LANPHER, Kerri	ADVANCE, MO	F50-54	12:49.614	12:49.6	13:36.530	13:36.5	13:19.508	13:19.5	0:56.118	9:21.2	40:41.7	+22:58.3	13:07.6
242 / 95 / 6	380	LANPHER, Ben	ADVANCE, MO	M50-54	12:49.296	12:49.3	13:36.754	13:36.8	13:19.463	13:19.5	0:56.332	9:23.3	40:41.8	+22:58.4	13:07.7
243 / 148 / 32	267	DAVENPORT, Lexi	JACKSON, MO	F25-29	11:35.567	11:35.6	14:47.756	14:47.8	13:46.763	13:46.8	0:39.220	6:32.2	40:49.3	+23:05.9	13:10.1
244 / 149 / 33	96	HOPKINS, Merry	GREENVILLE, MO	F25-29	12:15.578	12:15.6	14:45.169	14:45.2	13:13.487	13:13.5	0:44.319	7:23.2	40:58.5	+23:15.1	13:13.1
245 / 150 / 23	56	PICKARD, Phyllis	SplitMaster Racin...	F40-44	12:59.635	12:59.6	14:01.149	14:01.1	13:16.674	13:16.7	0:49.175	8:11.7	41:06.6	+23:23.2	13:15.7
246 / 151 / 24	2	ROSE, Kim	CAPE GIRARDEAU...	F40-44	13:39.924	13:39.9	13:42.297	13:42.3	13:21.947	13:21.9	0:46.011	7:40.1	41:30.1	+23:46.7	13:23.3
247 / 152 / 18	404	DRURY-CLOVER, Becky	CAPE GIRARDEAU...	F35-39	12:53.850	12:53.9	14:16.624	14:16.6	13:46.950	13:47.0	0:42.333	7:03.3	41:39.7	+23:56.3	13:26.4
248 / 96 / 1	389	DEAR, Wakter	DURANGO, CO	M70+	13:51.678	13:51.7	14:03.191	14:03.2	13:05.594	13:05.6	0:45.469	7:34.7	41:45.9	+24:02.5	13:28.4
249 / 153 / 11	150	HALTER, Shelby	CAPE GIRARDEAU...	F20-24	13:57.736	13:57.7	14:11.497	14:11.5	12:51.978	12:52.0	0:48.783	8:07.8	41:49.9	+24:06.5	13:29.6
250 / 154 / 6	232	MCQUADE, Dot	FROHNA, MO	F55-59	13:56.482	13:56.5	13:36.104	13:36.1	13:41.606	13:41.6	0:47.650	7:56.5	42:01.8	+24:18.4	13:33.5
251 / 155 / 31	9	WALKER, Shannon	CAPE GIRARDEAU...	F30-34	13:52.090	13:52.1	13:28.063	13:28.1	14:07.563	14:07.6	0:44.423	7:24.2	42:12.1	+24:28.7	13:36.8
252 / 156 / 32	8	PROPST, Tammy	CAPE GIRARDEAU...	F30-34	13:52.316	13:52.3	13:27.851	13:27.9	14:07.641	14:07.6	0:44.549	7:25.5	42:12.3	+24:28.9	13:36.9
253 / 157 / 11	197	TAYLOR, Theresa	MCCLURE, IL	F45-49	13:25.130	13:25.1	14:17.064	14:17.1	14:18.918	14:18.9	0:50.010	8:20.1	42:51.1	+25:07.7	13:49.4
254 / 158 / 25	29	BURGE, Kelly	PUXICO, MO	F40-44	14:01.238	14:01.2	13:55.555	13:55.6	14:14.835	14:14.8	0:47.113	7:51.1	42:58.7	+25:15.3	13:51.8
255 / 159 / 33	30	FORTHER, Amanda	DEXTER, MO	F30-34	14:02.741	14:02.7	13:55.178	13:55.2	14:13.940	14:13.9	0:46.982	7:49.8	42:58.8	+25:15.4	13:51.9
256 / 160 / 11	367	THOMAS, Candace	POPLAR BLUFF, MO	F 19 & Under	13:46.436	13:46.4	14:19.084	14:19.1	14:00.963	14:01.0	0:53.095	8:50.9	42:59.5	+25:16.1	13:52.1
257 / 161 / 26	366	AIKEY, Sherry	POPLAR BLUFF, MO	F40-44	13:46.283	13:46.3	14:16.303	14:16.3	14:04.192	14:04.2	0:52.871	8:48.7	42:59.6	+25:16.2	13:52.1
258 / 162 / 11	220	OBERGOENNER, Mary	CAPE GIRARDEAU...	F50-54	15:02.700	15:02.7	13:48.176	13:48.2	13:34.725	13:34.7	0:51.639	8:36.4	43:17.2	+25:33.8	13:57.8
259 / 163 / 27	192	DRY, Tara	JACKSON, MO	F40-44	14:40.547	14:40.5	14:10.385	14:10.4			14:27.588	2:24:35.9	43:18.5	+25:35.1	13:58.2
259 / 163 / 34	191	LUCKFELT, Stephanie	CHAFFEE, MO	F25-29	14:40.073	14:40.1	14:09.666	14:09.7	13:18.179	13:18.2	1:10.660	11:46.6	43:18.5	+25:35.1	13:58.2
259 / 163 / 19	193	MCNEELEY, Melissa	CAPE GIRARDEAU...	F35-39	14:39.893	14:39.9	14:09.206	14:09.2	13:19.279	13:19.3	1:10.217	11:42.2	43:18.5	+25:35.1	13:58.2
262 / 166 / 1	229	WOODY, Roxiann	CAPE GIRARDEAU...	F60-64	13:45.054	13:45.1	14:01.042	14:01.0	14:33.169	14:33.2	1:00.793	10:07.9	43:20.0	+25:36.6	13:58.7
263 / 167 / 34	337	DEATON, Heather	CAPE GIRARDEAU...	F30-34	13:50.204	13:50.2	14:17.097	14:17.1	14:29.268	14:29.3	0:46.161	7:41.6	43:22.7	+25:39.3	13:59.6
264 / 168 / 35	25	MANDRELL, Latasha	TAMMS, IL	F25-29	13:43.489	13:43.5	14:01.882	14:01.9	14:56.638	14:56.6	0:48.305	8:03.1	43:30.3	+25:46.9	14:02.0
264 / 168 / 20	26	SWAIN, Kim	JONESBORO, IL	F35-39	13:43.368	13:43.4	14:01.714	14:01.7	14:57.030	14:57.0	0:48.201	8:02.0	43:30.3	+25:46.9	14:02.0
266 / 170 / 21	257	WEBB, Shannon	JACKSON, MO	F35-39	15:14.929	15:14.9	14:00.056	14:00.1	13:37.938	13:37.9	0:49.673	8:16.7	43:42.5	+25:59.1	14:06.0
267 / 171 / 12	278	RUTLEDGE, Kay	JACKSON, MO	F45-49	15:14.637	15:14.6	14:00.423	14:00.4	13:37.656	13:37.7	0:50.044	8:20.4	43:42.7	+25:59.3	14:06.0

* indicates adjustments applied, see last page for details

5KFVS Run/Walk

Overall by Distance: 5k Continued

Ovr	All / Gndr / Div	No	Name	Representing	Division	1 Mile	min/mi	2 Mile	min/mi	3 Mile	min/mi	.1	min/mi	Total Time	Back	Pace
268	/ 172 / 13	269	SCHLOSSER, Tina	scott city, mo	F45-49	14:37.323	14:37.3	14:14.610	14:14.6	14:01.429	14:01.4	0:52.820	8:48.2	43:46.1	+26:02.7	14:07.1
269	/ 173 / 35	236	SIEBERG, Heather	DONIPHAN, MO	F30-34	13:38.173	13:38.2	14:15.448	14:15.4	15:12.630	15:12.6	0:41.263	6:52.6	43:47.5	+26:04.1	14:07.6
270	/ 174 / 14	306	STONE, Susan	CAPE GIRARDEAU...	F45-49	14:19.790	14:19.8	14:51.996	14:52.0	14:28.656	14:28.7	0:51.101	8:31.0	44:31.5	+26:48.1	14:21.8
271	/ 175 / 12	209	GREEN , Penny	JACKSON, MO	F50-54	15:46.006	15:46.0	14:36.036	14:36.0	13:34.550	13:34.6	0:47.505	7:55.1	44:44.0	+27:00.6	14:25.8
272	/ 97 / 1	356	BURNET, Robert	CHAFFEE, MO	M65-69	15:46.061	15:46.1	14:17.746	14:17.7	13:56.571	13:56.6	1:08.733	11:27.3	45:09.1	+27:25.7	14:33.9
273	/ 176 / 12	129	GRUMLEY, Ashlea	GOLCONDA, IL	F 19 & Under	14:56.609	14:56.6	14:47.502	14:47.5	14:43.482	14:43.5	0:48.063	8:00.6	45:15.6	+27:32.2	14:36.0
274	/ 177 / 28	130	VOLLE, Chrissy	GOLCONDA, IL	F40-44	14:56.055	14:56.1	14:47.220	14:47.2	14:45.274	14:45.3	0:47.719	7:57.2	45:16.2	+27:32.8	14:36.2
275	/ 178 / 36	124	LLYOD, Casandra	SCOTT CITY, MO	F25-29	14:53.509	14:53.5	15:34.713	15:34.7	14:12.136	14:12.1	0:48.334	8:03.3	45:28.6	+27:45.2	14:40.2
276	/ 179 / 37	123	PERKINS, Brandy	VANDUSER, MO	F25-29	14:53.210	14:53.2	15:33.874	15:33.9	14:13.039	14:13.0	0:48.698	8:07.0	45:28.8	+27:45.4	14:40.3
277	/ 180 / 13	95	EVANS, Alexis	SplitMaster Racin...	F 19 & Under	15:12.069	15:12.1			29:35.375	29:35.4	0:52.199	8:42.0	45:39.6	+27:56.2	14:43.7
278	/ 181 / 7	291	BUCKUS, Shawn	CHAFFEE, MO	F55-59			30:18.175	30:18.2	14:40.672	14:40.7	1:02.916	10:29.2	46:01.7	+28:18.3	14:50.9
278	/ 181 / 7	292	WALTERS, Tuppence	CHAFFEE, MO	F55-59			30:18.317	30:18.3	14:40.676	14:40.7	1:02.731	10:27.3	46:01.7	+28:18.3	14:50.9
280	/ 183 / 12	69	SITZE, Ashlee	CAPE GIRARDEAU...	F20-24	14:06.615	14:06.6	15:58.465	15:58.5	15:10.299	15:10.3	0:48.227	8:02.3	46:03.6	+28:20.2	14:51.5
281	/ 184 / 29	159	BUTZ, Stacy	ST. LOUIS, MO	F40-44	14:36.042	14:36.0	17:20.303	17:20.3	13:52.731	13:52.7	0:46.725	7:47.3	46:35.8	+28:52.4	15:01.9
282	/ 185 / 36	185	MILLER, Tori	WHITEWATER, MO	F30-34	15:41.120	15:41.1	15:25.297	15:25.3	14:51.233	14:51.2	0:47.326	7:53.3	46:44.9	+29:01.5	15:04.8
283	/ 186 / 38	293	BROWN, Samantha	JACKSON, MO	F25-29	15:42.140	15:42.1	15:24.608	15:24.6	14:51.088	14:51.1	0:47.221	7:52.2	46:45.0	+29:01.6	15:04.8
284	/ 187 / 13	252	WOZNIAK, Mary Ellen	CAPE GIRARDEAU...	F50-54	16:32.993	16:33.0	15:03.873	15:03.9	14:20.899	14:20.9	0:48.545	8:05.5	46:46.3	+29:02.9	15:05.3
285	/ 188 / 30	407	MARBERRY, Robin	CAPE GIRARDEAU...	F40-44	15:34.349	15:34.3	15:18.420	15:18.4	15:10.573	15:10.6	0:52.723	8:47.2	46:56.0	+29:12.6	15:08.4
286	/ 189 / 13	289	RICE, Kristen	PERRYVILLE, MO	F20-24	16:03.830	16:03.8	15:08.610	15:08.6	14:39.777	14:39.8	1:07.839	11:18.4	47:00.0	+29:16.6	15:09.7
287	/ 190 / 15	373	KESTER, Andrea	FRIEDHEIM, MO	F45-49	16:44.101	16:44.1	14:50.941	14:50.9	14:41.195	14:41.2	0:53.421	8:54.2	47:09.6	+29:26.3	15:12.8
288	/ 191 / 14	374	SIMMONS, Sherre	SCOTT CITY, MO	F50-54	16:43.853	16:43.9	14:51.127	14:51.1	14:41.214	14:41.2	0:53.582	8:55.8	47:09.7	+29:26.3	15:12.8
289	/ 192 / 16	390	COLLINS, Pam	JACKSON, MO	F45-49	16:44.416	16:44.4	14:50.743	14:50.7	14:41.008	14:41.0	0:53.653	8:56.5	47:09.8	+29:26.4	15:12.8
290	/ 193 / 17	46	JOB, Pamela	KELSO, MO	F45-49	16:23.023	16:23.0	15:38.012	15:38.0	14:38.505	14:38.5	0:54.765	9:07.7	47:34.3	+29:50.9	15:20.7
291	/ 194 / 15	44	BENSON, Bridget	SCOTT CITY, MO	F50-54	16:24.000	16:24.0	15:41.255	15:41.3	14:34.359	14:34.4	0:54.924	9:09.2	47:34.5	+29:51.1	15:20.8
292	/ 195 / 18	302	PRICHARD, Sandy	JACKSON, MO	F45-49	17:42.792	17:42.8	17:40.361	17:40.4	12:08.827	12:08.8	0:28.394	4:43.9	48:00.3	+30:16.9	15:29.1
293	/ 196 / 9	98	DOUGHERTY, Trina	GREENVILLE, MO	F55-59	14:50.919	14:50.9	16:15.884	16:15.9	16:20.593	16:20.6	0:55.538	9:15.4	48:22.9	+30:39.5	15:36.4
294	/ 98 / 2	347	TWEEDY, Ronald	BLOOMFIELD, MO	M65-69	16:01.990	16:02.0	15:33.869	15:33.9	15:48.357	15:48.4	1:12.231	12:02.3	48:36.4	+30:53.0	15:40.8
295	/ 197 / 16	365	WETHINGTON, Katie	DEXTER, MO	F50-54	16:01.523	16:01.5	15:33.875	15:33.9	15:48.469	15:48.5	1:12.640	12:06.4	48:36.5	+30:53.1	15:40.8
296	/ 198 / 17	211	BALSANO, Debbie	CAPE GIRARDEAU...	F50-54	16:14.443	16:14.4	15:32.619	15:32.6	15:44.071	15:44.1	1:10.639	11:46.4	48:41.7	+30:58.3	15:42.5
297	/ 199 / 39	208	ROCKETT, Ashley	SCOTT CITY, MO	F25-29	16:14.609	16:14.6	15:32.522	15:32.5	15:44.033	15:44.0	1:10.901	11:49.0	48:42.0	+30:58.6	15:42.6
298	/ 200 / 1	253	SOKOLOWSKI, Earlene	JACKSON, MO	F65-69	16:13.839	16:13.8	15:33.480	15:33.5	15:43.876	15:43.9	1:11.059	11:50.6	48:42.2	+30:58.8	15:42.6
299	/ 99 / 6	132	BROOKS, Dennis	STE. GENEVIEVE, ...	M60-64	15:52.025	15:52.0	15:48.713	15:48.7	15:49.152	15:49.2	1:16.098	12:41.0	48:45.9	+31:02.5	15:43.8
300	/ 201 / 40	386	SCHATZ, Jillianne	STE. GENEVIEVE, ...	F25-29	15:52.657	15:52.7	15:48.697	15:48.7	15:49.027	15:49.0	1:15.736	12:37.4	48:46.1	+31:02.7	15:43.9
301	/ 202 / 10	39	BROOKS, Sharon	STE. GENEVIEVE, ...	F55-59	15:50.435	15:50.4	15:50.690	15:50.7	15:48.627	15:48.6	1:16.722	12:47.2	48:46.4	+31:03.0	15:44.0
302	/ 203 / 18	357	COWAN, Kathy	***	F50-54	17:12.153	17:12.2	15:08.207	15:08.2	15:23.934	15:23.9	1:12.631	12:06.3	48:56.9	+31:13.5	15:47.4
302	/ 203 / 19	259	HUBER, Becky	CAPE GIRARDEAU...	F45-49	17:12.077	17:12.1	15:08.348	15:08.3	15:23.575	15:23.6	1:12.947	12:09.5	48:56.9	+31:13.5	15:47.4
304	/ 100 / 10	102	BUTZ, Matthew	ST. LOUIS, MO	M 19 & Under	15:15.836	15:15.8	16:43.060	16:43.1	17:02.758	17:02.8	0:55.664	9:16.6	49:57.3	+32:13.9	16:06.9
305	/ 205 / 14	329	WHITEHEAD, Makayla	POPLAR BLUFF, MO	F 19 & Under	15:53.838	15:53.8	17:02.360	17:02.4	16:27.061	16:27.1	0:40.673	6:46.7	50:03.9	+32:20.5	16:09.0
306	/ 206 / 22	376	MCCLANAHAN, Angie	JACKSON, MO	F35-39	16:37.167	16:37.2	15:58.326	15:58.3	16:21.726	16:21.7	1:15.613	12:36.1	50:12.8	+32:29.4	16:11.9
307	/ 101 / 11	377	MCCLANAHAN, Jeff	JACKSON, MO	M40-44	16:37.189	16:37.2	15:58.321	15:58.3	16:21.697	16:21.7	1:16.028	12:40.3	50:13.2	+32:29.8	16:12.0
308	/ 207 / 19	322	STEARNS, Betty	CAPE GIRARDEAU...	F50-54	16:12.004	16:12.0	16:04.656	16:04.7	16:45.500	16:45.5	1:16.699	12:47.0	50:18.8	+32:35.4	16:13.8
309	/ 208 / 31	323	FADLER, Nancy	JACKSON, MO	F40-44	16:12.139	16:12.1	16:04.635	16:04.6	16:45.398	16:45.4	1:17.015	12:50.2	50:19.1	+32:35.7	16:13.9
310	/ 102 / 11	299	WALL, Abby	CHAFFEE, MO	M 19 & Under	16:33.802	16:33.8	16:19.400	16:19.4	16:40.327	16:40.3	0:47.396	7:54.0	50:20.9	+32:37.5	16:14.5
311	/ 209 / 15	297	MENZ, Katelyn	CHAFFEE, MO	F 19 & Under	16:32.904	16:32.9	16:16.867	16:16.9	16:44.220	16:44.2	0:47.887	7:58.9	50:21.8	+32:38.4	16:14.8
312	/ 210 / 32	298	WALL, Regina	CHAFFEE, MO	F40-44	16:41.699	16:41.7			32:51.011	32:51.0	0:50.250	8:22.5	50:22.9	+32:39.5	16:15.1
313	/ 211 / 20	233	POURNEY, Carrie	PERRYVILLE, MO	F50-54	17:18.638	17:18.6	16:07.834	16:07.8	16:11.450	16:11.5	0:52.606	8:46.1	50:30.5	+32:47.1	16:17.6
314	/ 212 / 20	146	ANDREWS, Rose	JACKSON, MO	F45-49	17:18.963	17:19.0	16:07.926	16:07.9	16:11.614	16:11.6	0:52.908	8:49.1	50:31.4	+32:48.0	16:17.9
315	/ 213 / 21	328	THOMAS, Janet	POPLAR BLUFF, MO	F50-54	15:54.149	15:54.1	17:01.467	17:01.5	17:15.544	17:15.5	1:00.112	10:01.1	51:11.2	+33:27.8	16:30.7
316	/ 214 / 41	212	OHARE, Candice	JACKSON, MO	F25-29	16:55.172	16:55.2	16:34.544	16:34.5	16:45.533	16:45.5	1:16.250	12:42.5	51:31.4	+33:48.0	16:37.2
317	/ 103 / 12	359	TIPPEN, Philip	BLOOMFIELD, MO	M40-44	16:55.389	16:55.4	16:30.503	16:30.5	16:50.462	16:50.5	1:15.701	12:37.0	51:32.0	+33:48.6	16:37.4
318	/ 215 / 22	210	HILL, Robin	ORAN, MO	F50-54	16:56.421	16:56.4	16:37.769	16:37.8	16:42.182	16:42.2	1:16.019	12:40.2	51:32.3	+33:48.9	16:37.5
319	/ 216 / 37	180	KOETTING, Erica	OAK RIDGE, MO	F30-34	15:34.749	15:34.7	19:26.154	19:26.2	15:17.751	15:17.8	1:14.800	12:28.0	51:33.4	+33:50.0	16:37.9
320	/ 104 / 14	179	KOETTING, Matt	OAK RIDGE, MO	M35-39	15:34.215	15:34.2	19:26.301	19:26.3	15:18.340	15:18.3	1:15.126	12:31.3	51:33.9	+33:50.5	16:38.0
321	/ 105 / 11	161	HENDRIX, Jeff	JACKSON, MO	M30-34	17:53.880	17:53.9	16:37.187	16:37.2	16:06.969	16:07.0	0:57.817	9:38.2	51:35.8	+33:52.4	16:38.6
321	/ 217 / 38	162	HENDRIX, Tammy	JACKSON, MO	F30-34	17:55.177	17:55.2	16:37.530	16:37.5	16:05.996	16:06.0	0:57.114	9:31.1	51:35.8	+33:52.4	16:38.6
323	/ 218 / 23	261	WILLE, Kris	JACKSON, MO	F50-54	16:31.813	16:31.8	16:43.403	16:43.4	17:04.526	17:04.5	1:16.788	12:47.9	51:36.5	+33:53.1	16:38.9
324	/ 219 / 2	203	THORNTON, Sheila	BUNCOMBE, IL	F60-64	17:04.269	17:04.3	16:50.806	16:50.8	16:55.502	16:55.5	1:17.320	12:53.2	52:07.8	+34:24.4	16:49.0

* indicates adjustments applied, see last page for details

5KFVS Run/Walk

Overall by Distance: 5k Continued

OvrAll / Gndr / Div	No	Name	Representing	Division	1 Mile	min/mi	2 Mile	min/mi	3 Mile	min/mi	.1	min/mi	Total Time	Back	Pace
325 / 220 / 33	369	SHRUM, Allison	MILLERSVILLE, MO	F40-44	17:15.780	17:15.8	17:17.650	17:17.7	17:41.043	17:41.0	1:19.748	13:17.5	53:34.2	+35:50.8	17:16.8
326 / 221 / 23	65	LINCOLN, Dawn	MILLERSVILLE, MO	F35-39	17:15.854	17:15.9	17:18.289	17:18.3	17:40.342	17:40.3	1:20.125	13:21.3	53:34.6	+35:51.2	17:17.0
327 / 222 / 14	309	SCHMIDT, Rachel	FRIEDHEIM, MO	F20-24	17:35.221	17:35.2	17:07.982	17:08.0	17:38.299	17:38.3	1:19.540	13:15.4	53:41.0	+35:57.6	17:19.0
328 / 223 / 42	147	FARROW, Brandi	JACKSON, MO	F25-29	17:35.462	17:35.5	17:07.618	17:07.6	17:38.508	17:38.5	1:19.844	13:18.4	53:41.4	+35:58.0	17:19.2
329 / 224 / 16	169	GANT, Brittney	DEXTER, MO	F 19 & Under	17:46.577	17:46.6	17:44.462	17:44.5	16:58.486	16:58.5	1:22.845	13:48.5	53:52.3	+36:08.9	17:22.7
330 / 225 / 21	165	WATKINS, Angela	DEXTER, MO	F45-49	17:46.863	17:46.9	17:44.354	17:44.4	16:58.363	16:58.4	1:23.166	13:51.7	53:52.7	+36:09.3	17:22.8
331 / 226 / 39	227	STICHT, Amy	SCOTT CITY, MO	F30-34	17:31.250	17:31.3	17:21.462	17:21.5	17:47.828	17:47.8	1:19.666	13:16.7	54:00.2	+36:16.8	17:25.2
332 / 227 / 24	228	COPLIN, Carol	SCOTT CITY, MO	F50-54	17:31.762	17:31.8	17:21.407	17:21.4	17:47.593	17:47.6	1:20.006	13:20.1	54:00.7	+36:17.3	17:25.4
333 / 106 / 7	113	RODENBAUGH, Gary	ST. AUGUSTINE, FL	M60-64	17:49.738	17:49.7	17:53.805	17:53.8	17:32.807	17:32.8	1:06.945	11:09.4	54:23.2	+36:39.8	17:32.6
334 / 228 / 40	112	RODENBAUGH, Jennifer	CAPE GIRARDEAU...	F30-34	17:50.241	17:50.2	17:53.519	17:53.5	17:32.890	17:32.9	1:07.144	11:11.4	54:23.7	+36:40.3	17:32.8
335 / 229 / 2	6	HOBBS, Patty	DEXTER, MO	F70+	18:00.392	18:00.4	17:30.548	17:30.5	17:38.528	17:38.5	1:20.320	13:23.2	54:29.7	+36:46.3	17:34.7
336 / 230 / 41	5	HOBBS, Lesley	CAPE GIRARDEAU...	F30-34	17:58.103	17:58.1	17:32.939	17:32.9	17:38.505	17:38.5	1:20.507	13:25.1	54:30.0	+36:46.6	17:34.8
337 / 231 / 24	15	COX, Darla	JACKSON, MO	F35-39			35:35.160	35:35.2	17:41.926	17:41.9	1:23.185	13:51.9	54:40.2	+36:56.8	17:38.1
338 / 232 / 34	375	WHITENER, Susan	JACKSON, MO	F40-44	17:52.566	17:52.6	17:56.260	17:56.3	17:30.662	17:30.7	1:22.881	13:48.8	54:42.3	+36:58.9	17:38.8
339 / 233 / 11	206	WICKER-KINDER, Anna	CHAFFEE, MO	F55-59	17:52.863	17:52.9	17:56.843	17:56.8	17:29.805	17:29.8	1:23.448	13:54.5	54:42.9	+36:59.5	17:39.0
340 / 234 / 3	14	MCLEMORE, Darlene	JACKSON, MO	F70+			35:36.135	35:36.1	17:41.882	17:41.9	1:29.134	14:51.3	54:47.1	+37:03.7	17:40.4
341 / 235 / 22	1	HINTON, Sandy	CAPE GIRARDEAU...	F45-49	18:24.293	18:24.3	19:03.352	19:03.4	18:44.160	18:44.2	1:18.555	13:05.6	57:30.3	+39:46.9	18:33.0
342 / 236 / 43	72	ROBLES, Julie	PERRYVILLE, MO	F25-29	18:24.164	18:24.2	18:57.649	18:57.6	18:48.232	18:48.2	1:20.561	13:25.6	57:30.6	+39:47.2	18:33.1
343 / 237 / 25	283	TILSEN, Linda	JACKSON, MO	F50-54	17:58.713	17:58.7	18:26.790	18:26.8	19:07.316	19:07.3	2:03.844	20:38.4	57:36.6	+39:53.2	18:35.0
344 / 238 / 25	258	SWAIN, Kerrie	CHAFFEE, MO	F35-39	18:23.702	18:23.7	19:04.228	19:04.2	18:46.293	18:46.3	1:24.490	14:04.9	57:38.7	+39:55.3	18:35.7