



# 2010 Mud N Gutz 8k/4k European Cross Country Race Final Results

Monday, February 22, 2010 7:56:57 AM

## Division: Male Overall 4k

				Reg: 3 DNS: 0 DNF: 0 DQ: 0		
PL	No	Name	Age Representing	Total Time	Back	Pace
1	580	WITTE, Adam	13 ST. LOUIS, MO	18:45.28	+0:00.00	7:33.7
2	584	ZOUGHAI, William	11 STE. GENEVIEVE, MO	19:34.93	+0:49.65	7:53.8
3	581	ZIEGER, John	44 ELLISVILLE, MO	19:43.94	+0:58.66	7:57.4

## Division: Female Overall 4k

				Reg: 3 DNS: 0 DNF: 0 DQ: 0		
PL	No	Name	Age Representing	Total Time	Back	Pace
1	556	REINKE, Julie	32 KIRKWOOD, MO	20:06.84	+0:00.00	8:06.6
2	583	ZOUGHAI, Jenya	9 STE. GENEVIEVE, MO	21:34.49	+1:27.65	8:42.0
3	524	HACHEY, Erika	37 CATEYVILLE, IL	24:08.66	+4:01.82	9:44.1

## Division: Male Overall 8k

				Reg: 3 DNS: 0 DNF: 0 DQ: 0		
PL	No	Name	Age Representing	Total Time	Back	Pace
1	106	BAST, Jake	16 Oakville, Mo	32:01.00	+0:00.00	6:26.5
2	114	MCNAMARA, Mark	24 ST. LOUIS, MO	32:56.17	+0:55.17	6:37.6
3	104	LEIGHTON, Roy	17 CAPE GIRARDEAU, MO	33:55.83	+1:54.83	6:49.6

## Division: Female Overall 8k

				Reg: 3 DNS: 0 DNF: 0 DQ: 1		
PL	No	Name	Age Representing	Total Time	Back	Pace
1	121	MILLION, Tiffany	33 ST. LOUIS, MO	35:57.37	+0:00.00	7:14.1
2	45	DE GUIRE, Aimee	30 ST. LOUIS, MO	37:15.96	+1:18.59	7:29.9
	170	TRAVOUS, Elizabeth	36 TRENTON, IL	DQ		

## Division: M 19 & Under 4k

				Reg: 8 DNS: 0 DNF: 0 DQ: 0		
PL	No	Name	Age Representing	Total Time	Back	Pace
1	501	ALDEN, Lucas	13 ARNOLD, MO	21:15.90	+0:00.00	8:34.5
2	548	OBRIEN, Will	16 MANCHESTER, MO	22:49.08	+1:33.18	9:12.0
3	534	JAMES, Trey	14 ST. LOUIS, MO	24:48.92	+3:33.02	10:00.4
4	563	SIMPSON, Jacob	12 ST. LOUIS, MO	25:28.49	+4:12.59	10:16.3
5	525	HAHN, Joel	11 ST. LOUIS, MO	28:17.60	+7:01.70	11:24.5
6	555	REHMER, Matthew	15 LENZBURG, IL	31:05.88	+9:49.98	12:32.4
7	566	STEGALL, Brian	19 VILLA RIDGE, MO	34:37.47	+13:21.57	13:57.7
8	576	WHITESIDE, Bryson	12 OFALLON, MO	40:53.27	+19:37.37	16:29.2

## Division: F 19 & Under 4k

				Reg: 3 DNS: 0 DNF: 0 DQ: 0		
PL	No	Name	Age Representing	Total Time	Back	Pace
1	586	GRINTER, Bailey	8 Edwardsville, Il	28:50.65	+0:00.00	11:37.8
2	513	CHAMBERLAIN, Andrew	19 VILLA RIDGE, MO	34:37.42	+5:46.77	13:57.7
3	504	BLANC, Kayla	19 VILLA RIDGE, MO	38:24.41	+9:33.76	15:29.2

## Division: M 20-39 4k

				Reg: 20 DNS: 3 DNF: 0 DQ: 0		
PL	No	Name	Age Representing	Total Time	Back	Pace
1	523	GREENSLIT, Tyler	27 SHELBURNE, VT	21:47.80	+0:00.00	8:47.3
2	521	GERJETS, Duane	31 ST. LOUIS, MO	22:13.27	+0:25.47	8:57.6
3	550	PARKER, Andrew	39 JERSEYVILLE, IL	24:09.31	+2:21.51	9:44.4

\* indicates adjustments applied, see last page for details

# 2010 Mud N Gutz 8k/4k European Cross Country Race

## Division: M 20-39 4k Continued

				Reg: 20 DNS: 3 DNF: 0 DQ: 0		
PL	No	Name	Age Representing	Total Time	Back	Pace
4	553	QUATMANN, Paul	36 ST. LOUIS, MO	24:47.75	+2:59.95	9:59.9
5	552	QUATMANN, Ed	39 ST. LOUIS, MO	24:47.77	+2:59.97	9:59.9
6	582	ZOLLNER, Jared	21 HECKER, IL	25:30.11	+3:42.31	10:17.0
7	543	MORRIS, Brad	29 WENTZVILLE, MO	25:41.31	+3:53.51	10:21.5
8	558	SCHMIDT, Paul	33 FENTON, MO	27:57.50	+6:09.70	11:16.4
9	535	JOHNSON, David	34 ST. PETERS, MO	28:20.80	+6:33.00	11:25.8
10	570	VANHORN, Brian	35 NEW BADEN, IL	28:56.12	+7:08.32	11:40.0
11	568	VALENCIA, Jose	24 ST. LOUIS, MO	29:02.95	+7:15.15	11:42.8
12	512	CAMPBELL, John	26 ARNOLD, MO	29:42.74	+7:54.94	11:58.8
13	578	WILLIAMS, Todd	39 FENTON, MO	32:01.50	+10:13.70	12:54.8
14	109	MASSEY, Jared	26 MORLEY, MO	32:49.44	+11:01.64	13:14.1
15	567	TRAVOUS, Jerry	37 TRENTON, IL	36:26.52	+14:38.72	14:41.7
16	544	MUCKENSTURM, Eric	34 BELLEVILLE, IL	36:27.13	+14:39.33	14:41.9
17	574	WARD, Steve	28 MARYLAND HEIGHTS, MO	40:49.05	+19:01.25	16:27.5

## Division: F 20-39 4k

				Reg: 35 DNS: 10 DNF: 0 DQ: 0		
PL	No	Name	Age Representing	Total Time	Back	Pace
1	530	HEMENWAY, Chrissy	33 FLORISSANT, MO	25:44.26	+0:00.00	10:22.7
2	564	SKREHART, Caitlin	24 St. Louis, MO	28:54.87	+3:10.61	11:39.5
3	554	RASLEY, Kim	29 OFALLON, IL	28:54.96	+3:10.70	11:39.6
4	77	HELLING, Jen	33 ARNOLD, MO	29:18.67	+3:34.41	11:49.1
5	585	GRINTER, April	39 Edwardsville, IL	29:37.28	+3:53.02	11:56.6
6	517	DOWIL, Becky	28 ST. LOUIS, MO	29:38.58	+3:54.32	11:57.2
7	560	SCHULER, Johna	31 BELLEVILLE, IL	29:44.53	+4:00.27	11:59.6
8	540	MEEKS, Lauren	22 ST. PETERS, MO	30:50.00	+5:05.74	12:26.0
9	562	SIMPSON, Ashley	25 GLENCOE, MO	31:41.86	+5:57.60	12:46.9
10	529	HARRISON, Lindsey	20 ALTON, IL	31:42.10	+5:57.84	12:47.0
11	577	WILLIAMS, Carrie	38 FENTON, MO	32:01.32	+6:17.06	12:54.7
12	522	GIUBARDO, Maria	22 CREVE COEUR, MO	32:05.46	+6:21.20	12:56.4
13	571	WALKER, Amy	31 ST. LOUIS, MO	32:17.73	+6:33.47	13:01.3
14	505	BOYD, Allison	20 TOWN & COUNTRY, MO	32:29.10	+6:44.84	13:05.9
15	507	BRESLER, Megan	29 ST. LOUIS, MO	32:29.22	+6:44.96	13:06.0
16	503	BERRA, Jennifer	36 CHESTERFIELD, MO	32:35.92	+6:51.66	13:08.7
17	520	GARJETS, Angie	36 ST. LOUIS, MO	34:50.30	+9:06.04	14:02.9
18	502	BENNETT, Katherine	26 EDWARDSVILLE, IL	34:57.25	+9:12.99	14:05.7
19	533	HUNSEL, Rebecca	32 WENTZVILLE, MO	35:18.42	+9:34.16	14:14.2
20	532	HUMBOLT, J. Jennifer	34 ST. LOUIS, MO	36:41.44	+10:57.18	14:47.7
21	551	PICA, Kate	29 MARYLAND HEIGHTS, MO	37:03.03	+11:18.77	14:56.4
22	579	WISSEHR, Rebecca	23 ST. LOUIS, MO	38:55.49	+13:11.23	15:41.7
23	573	WARD, Claire	25 ST. LOUIS, MO	40:48.96	+15:04.70	16:27.5
24	531	HORTON, Anastasia	24 EDWARDSVILLE, IL	44:55.91	+19:11.65	18:07.1
25	514	DE LEON-SCHNEIDER, Yokasta	30 ST. CHARLES, MO	45:29.06	+19:44.80	18:20.4

## Division: M 40-49 4k

				Reg: 2 DNS: 0 DNF: 0 DQ: 0		
PL	No	Name	Age Representing	Total Time	Back	Pace
1	537	LIPSMIRE, James	43 HIGH RIGDE, MO	23:23.27	+0:00.00	9:25.8
2	565	SPORN, Richard	46 ST. LOUIS, MO	24:19.15	+0:55.88	9:48.4

## Division: F 40-49 4k

				Reg: 9 DNS: 0 DNF: 0 DQ: 0		
PL	No	Name	Age Representing	Total Time	Back	Pace
1	500	ALDEN, Chris	42 ARNOLD, MO	28:33.58	+0:00.00	11:31.0
2	539	MCDONALD, Jean	44 BALLWIN, MO	32:21.25	+3:47.67	13:02.8
3	557	SAUER, Susan	43 ST. LOUIS, MO	34:40.07	+6:06.49	13:58.7
4	526	HAHN, Nancy	44 ST. LOUIS, MO	34:44.33	+6:10.75	14:00.5
5	516	DIZES, Jennifer	46 OFALLON, IL	35:16.80	+6:43.22	14:13.5
6	30	BRUNK, Amy	43 ST. LOUIS, MO	36:16.04	+7:42.46	14:37.4
7	506	BRANDT, Carol	47 HERMANN, MO	39:31.28	+10:57.70	15:56.2
8	561	SCHULTZ, Susan	44 ST. LOUIS, MO	46:02.86	+17:29.28	18:34.1
9	515	DIAL, Debbie	43 EDWARDSVILLE, IL	46:02.99	+17:29.41	18:34.1

\* indicates adjustments applied, see last page for details

# 2010 Mud N Gutz 8k/4k European Cross Country Race

## Division: M 50+ 4k

				Reg: 5 DNS: 0 DNF: 0 DQ: 0		
PL	No	Name	Age Representing	Total Time	Back	Pace
1	528	HALLERAN, Randy	57 WATERLOO, IL	22:52.44	+0:00.00	9:13.4
2	527	HAHN, Steve	55 ST. LOUIS, MO	29:00.17	+6:07.73	11:41.7
3	538	MARTIN, Charles	53 CRYSTAL CITY, MO	34:04.09	+11:11.65	13:44.2
4	547	OBRIEN, Tom	58 MANCHESTER, MO	34:17.85	+11:25.41	13:49.8
5	569	VAN RHEIN, William	69 ST. LOUIS, MO	35:32.20	+12:39.76	14:19.8

## Division: M 19 & Under 8k

				Reg: 7 DNS: 1 DNF: 0 DQ: 0		
PL	No	Name	Age Representing	Total Time	Back	Pace
1	8	BAJRIE, Sendin	16 ARNOLD, MO	36:22.30	+0:00.00	7:19.1
2	84	HOLMES, Tyler	17 ARNOLD, MO	37:46.31	+1:24.01	7:36.0
3	4	ALDEN, Nathan	14 ARNOLD, MO	41:54.77	+5:32.47	8:26.0
4	68	GIAIMO, Michael	18 BRIDGETON, MO	49:06.32	+12:44.02	9:52.8
5	195	ZAMBRUSKI, Sean	17 MARYLAND HEIGHTS, MO	49:07.28	+12:44.98	9:53.0
6	24	BRANDT, Gregory	16 HERMANN, MO	58:50.27	+22:27.97	11:50.3

## Division: F 19 & Under 8k

				Reg: 6 DNS: 0 DNF: 0 DQ: 1		
PL	No	Name	Age Representing	Total Time	Back	Pace
1	176	WAGNER, Kathleen	16 ARNOLD, MO	46:48.15	+0:00.00	9:25.0
2	58	FARRELL, Geri	16 BRIDGETON, MO	49:10.08	+2:21.93	9:53.6
3	154	SCHMITTZEHE, Ashley	16 CAPE GIRARDEAU, MO	52:14.21	+5:26.06	10:30.6
4	28	BROWN, Jessica	14 WASHINGTON, MO	54:00.19	+7:12.04	10:51.9
5	187	WILLIAMS, Sara	15 IMPERIAL, MO	56:05.55	+9:17.40	11:17.2
	11	BALDEN, Rachel	19 WILDWOOD, MO		DQ	

## Division: M 20-39 8k

				Reg: 50 DNS: 10 DNF: 0 DQ: 7		
PL	No	Name	Age Representing	Total Time	Back	Pace
1	16	BERTSCH, Brandon	29 ST. LOUIS, MO	36:05.72	+0:00.00	7:15.8
2	96	KLAUS, Jason	34 FROHNA, MO	38:26.75	+2:21.03	7:44.1
3	146	RODENBECK, Brian	34 ST. LOUIS, MO	38:44.59	+2:38.87	7:47.7
4	168	THOMAS, Scott	33 ST. LOUIS, MO	39:00.32	+2:54.60	7:50.9
5	67	GSELL, David	25 ST. LOUIS, MO	39:09.16	+3:03.44	7:52.7
6	120	MILLER, Robert	31 VALLEY PARK, MO	42:18.65	+6:12.93	8:30.8
7	102	LANG, Alex	25 BALLWIN, MO	43:17.05	+7:11.33	8:42.5
8	40	COCKRELL, Chris	21 JONESBORO, AR	43:24.57	+7:18.85	8:44.1
9	35	CARTER, Drew	36 ST. LOUIS, MO	44:12.11	+8:06.39	8:53.6
10	126	NEWMAN, Brent	37 ST. LOUIS, MO	44:13.26	+8:07.54	8:53.9
11	63	FRIEDERICH, Kyle	33 TRENTON, IL	44:18.17	+8:12.45	8:54.8
12	95	KING, Jeremiah	26 ST. CHARLES, MO	45:40.01	+9:34.29	9:11.3
13	115	MEEHAN, Mike	38 ST. LOUIS, MO	46:08.10	+10:02.38	9:17.0
14	171	VAREL, Keith	24 GREENUP, IL	46:19.05	+10:13.33	9:19.2
15	59	FERRIE, Shaun	28 ST. LOUIS, MO	47:03.44	+10:57.72	9:28.1
16	36	CASTILLO, Guillermo	30 FORT LEONARD WOOD, MO	47:25.36	+11:19.64	9:32.5
17	122	MOSSMAN, John	30 EDWARDSVILLE, MO	47:30.87	+11:25.15	9:33.6
18	198	GANSKE, Shawn	37 St. Louis, Mo	47:44.60	+11:38.88	9:36.4
19	119	MILLER, Guy	35 MARION, IL	48:27.29	+12:21.57	9:45.0
20	82	HIXON, Andy	27 CRYSTAL CITY, MO	49:00.73	+12:55.01	9:51.7
21	54	DUNAWAY, Mike	39 MARION, IL	49:51.95	+13:46.23	10:02.0
22	182	WERNER, Brent	29 BALLWIN, MO	50:32.46	+14:26.74	10:10.2
23	129	OBRYAN, Tim	28 FARMINGTON, MO	50:43.59	+14:37.87	10:12.4
24	112	MCINTOSH, Damion	31 CARBONDALE, IL	51:12.01	+15:06.29	10:18.1
25	133	PARLE, Steve	28 ST. CHARLES, MO	51:30.20	+15:24.48	10:21.8
26	49	DIFREE, Gary	25 ST. LOUIS, MO	53:59.03	+17:53.31	10:51.7
27	39	CLARK, Jason	31 WEBSTER GROVE, MO	54:21.98	+18:16.26	10:56.3
28	178	WARCHOL, Jerry	30 ST. LOUIS, MO	58:15.93	+22:10.21	11:43.4
29	64	FRIEDERICH, Melanie	29 TRENTON, IL	59:09.05	+23:03.33	11:54.1
30	85	HORTON, Nathan	25 EDWARDSVILLE, IL	1:00:16.76	+24:11.04	12:07.7
31	47	DEWITT, Christopher	37 BELLEVILLE, IL	1:04:08.55	+28:02.83	12:54.4
32	62	FOURSHA, Andrew	28 ST. LOUIS, MO	1:05:06.38	+29:00.66	13:06.0
33	138	PUGH, Chris	24 ST. LOUIS, MO	1:11:34.44	+35:28.72	14:24.1
	3	AGUIAR, David	26 CAPE GIRARDEAU, MO		DQ	
	32	CAINE, John	37 CLAYTON, MO		DQ	

\* indicates adjustments applied, see last page for details

# 2010 Mud N Gutz 8k/4k European Cross Country Race

## Division: M 20-39 8k Continued

Reg: 50 DNS: 10 DNF: 0 DQ: 7

PL	No	Name	Age	Representing	Total Time	Back	Pace
	57	ESCHENBACHER, Will	22	ST. LOUIS, MO	DQ		
	66	FULTON, Cj	36	COLUMBIA, IL	DQ		
	83	HODZIC, Amir	29	ST. LOUIS, MO	DQ		
	116	MELZER, Corey	35	SUNSET HILLS, MO	DQ		
	183	WERNER, William	24	ST. LOUIS, MO	DQ		

## Division: F 20-39 8k

Reg: 77 DNS: 14 DNF: 0 DQ: 6

PL	No	Name	Age	Representing	Total Time	Back	Pace
1	94	JURESIC, Maria	21	ST. LOUIS, MO	45:50.02	+0:00.00	9:13.3
2	93	JURESIC, Kathleen	26	ST. LOUIS, MO	45:55.83	+0:05.81	9:14.5
3	190	WINKLER, Kelley	30	AFFTON, MO	48:00.74	+2:10.72	9:39.6
4	167	TERRY, Sondra	27	ST. LOUIS, MO	49:23.54	+3:33.52	9:56.3
5	140	REINBOLD, Claire	31	ST. LOUIS, MO	49:24.45	+3:34.43	9:56.5
6	76	HEISER, Valerie	38	EDWARDSVILLE, IL	49:29.31	+3:39.29	9:57.4
7	189	WILSON, Michaela	21	ST. LOUIS, MO	49:32.82	+3:42.80	9:58.2
8	80	HESLIN, Jessica	21	OFALLON, MO	50:17.77	+4:27.75	10:07.2
9	150	SAULLO, Courtney	24	FLORISSANT, MO	50:34.17	+4:44.15	10:10.5
10	181	WEINRICH, Catherine	25	ST. LOUIS, MO	51:28.51	+5:38.49	10:21.4
11	78	HENSON, Rebecca	35	FREDERICKTOWN, MO	52:09.57	+6:19.55	10:29.7
12	92	JOHNSON, Danielle	29	ST. ROBERT, MO	52:35.12	+6:45.10	10:34.8
13	169	THOMPSON, Nikki	39	ST. LOUIS, MO	52:42.18	+6:52.16	10:36.3
14	42	CONNELL, Sindi	30	CLARKSVILLE, TN	52:46.83	+6:56.81	10:37.2
15	156	SCHULTZ, Lisa	31	OFALLON, MO	52:54.53	+7:04.51	10:38.7
16	90	JOHANNING, Brittany	25	HERCULANEUM, MO	53:00.76	+7:10.74	10:40.0
17	125	NASH, Amie	36	DE SOTO, MO	53:01.35	+7:11.33	10:40.1
18	148	ROWLETT, Carrie	23	ST. LOUIS, MO	53:25.90	+7:35.88	10:45.1
19	31	BUNSFELD, Courtney	28	ST. LOUIS, MO	53:37.95	+7:47.93	10:47.5
20	151	SCHELICH, Erin	28	ST. CHARLES, MO	54:27.27	+8:37.25	10:57.4
21	128	NORMILE, Katie	28	KIRKWOOD, MO	55:32.76	+9:42.74	11:10.6
22	14	BENDER, Kelly	32	FENTON, MO	57:52.15	+12:02.13	11:38.6
23	9	BALDEN, Anna	29	WILDWOOD, MO	58:20.44	+12:30.42	11:44.3
24	145	ROBINSON, Valerie	25	ST. LOUIS, MO	58:48.57	+12:58.55	11:50.0
25	107	MACKE, Joelle	34	TRENTON, IL	59:06.11	+13:16.09	11:53.5
26	21	BORKOWSKI, Kim	26	ST. LOUIS, MO	59:13.41	+13:23.39	11:55.0
27	163	ST. JOHN, Holly	26	HIGH RIDGE, MO	59:40.50	+13:50.48	12:00.4
28	159	SKOZA, Emily	24	UNIVERSITY CITY, MO	1:00:42.36	+14:52.34	12:12.9
29	41	COLEMAN, Trish	30	DE SOTO, MO	1:01:27.55	+15:37.53	12:22.0
30	157	SCHUTTE, Shanda	31	FESTUS, MO	1:01:29.59	+15:39.57	12:22.4
31	65	FRONICK, Christina	25	ST. LOUIS, MO	1:01:42.08	+15:52.06	12:24.9
32	174	VON BEHREN, Emily	29	WASHINGTON, MO	1:02:37.89	+16:47.87	12:36.1
33	152	SCHMIDT, Tegan	31	WASHINGTON, MO	1:02:38.31	+16:48.29	12:36.2
34	2	ADAMS, Rachel	24	BARNHART, MO	1:02:49.11	+16:59.09	12:38.4
35	185	WHITROCK, Jennifer	30	DE SOTO, MO	1:03:01.29	+17:11.27	12:40.8
36	132	PAPANTONAKIS, Christina	27	ST. LOUIS, MO	1:03:18.48	+17:28.46	12:44.3
37	161	SMITH, Margo	25	ST. LOUIS, MO	1:03:27.40	+17:37.38	12:46.1
38	79	HERWIG, Kristen	22	IMPERIAL, MO	1:03:30.78	+17:40.76	12:46.8
39	61	FINLEY, Amanda	20	ARNOLD, MO	1:03:39.13	+17:49.11	12:48.4
40	162	ST. JOHN, Andrea	27	KIRKWOOD, MO	1:03:59.49	+18:09.47	12:52.5
41	10	BALDEN, Christine	25	WILDWOOD, MO	1:04:22.74	+18:32.72	12:57.2
42	135	PRATER, Stacie	32	ST. PETERS, MO	1:04:35.23	+18:45.21	12:59.7
43	74	HEDRICK, Carissa	38	OFALLON, MO	1:05:19.18	+19:29.16	13:08.6
44	105	LENINGTON, Laura	28	ST. LOUIS, MO	1:05:27.79	+19:37.77	13:10.3
45	118	MILLER, Abbie	34	MARION, IL	1:06:04.23	+20:14.21	13:17.6
46	186	WILLIAMS, Lindsey	26	WASHINGTON, MO	1:06:16.19	+20:26.17	13:20.0
47	179	WARREN, Shannon	23	ST. LOUIS, MO	1:08:24.21	+22:34.19	13:45.8
48	70	GOUGHENOUR, Tina	38	VILLA RIDGE, MO	1:08:55.56	+23:05.54	13:52.1
49	51	DODD, Rebecca	26	ST. LOUIS, MO	1:09:58.82	+24:08.80	14:04.8
50	173	VON BEHREN, Brittney	23	WILDWOOD, MO	1:11:08.52	+25:18.50	14:18.9
51	20	BOONE, Mary	23	ST. LOUIS, MO	1:11:08.58	+25:18.56	14:18.9
52	139	PUGH, Jessica	23	ST. LOUIS, MO	1:11:34.70	+25:44.68	14:24.1
53	98	KUESTER, Kathleen	26	HERMANN, MO	1:12:44.48	+26:54.46	14:38.2
54	191	WINTERS, Amanda	30	TRENTON, MO	1:13:21.91	+27:31.89	14:45.7

\* indicates adjustments applied, see last page for details

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# 2010 Mud N Gutz 8k/4k European Cross Country Race

## Division: F 20-39 8k Continued

PL	No	Name	Age	Representing	Reg: 77 DNS: 14 DNF: 0 DQ: 6		
					Total Time	Back	Pace
55	99	KUKOWSKI, Heidi	34	HIGHLAND, IL	1:13:25.73	+27:35.71	14:46.5
56	72	HAPACK, Sarah	33	HIGHLAND, IL	1:13:41.21	+27:51.19	14:49.6
57	124	MYERS, Nicole	31	HIGH RIDGE, MO	1:15:17.80	+29:27.78	15:09.0
	6	AMITIN, Dana	23	CHESTERFIELD, MO	DQ		
	33	CALVERT, Heather	26	BELLEVILLE, IL	DQ		
	46	DETMER, Kristen	24	GREENUP, IL	DQ		
	86	HOVE, Caitlin	23	ST. LOUIS, MO	DQ		
	113	MCKENNA, Kate	26	ST. CHARLES, MO	DQ		
	158	SICKBERT, Michelle	34	ST. LOUIS, MO	DQ		

## Division: M 40-49 8k

PL	No	Name	Age	Representing	Reg: 24 DNS: 3 DNF: 0 DQ: 1		
					Total Time	Back	Pace
1	164	STEFACEK, Dan	42	ST. LOUIS, MO	34:06.31	+0:00.00	6:51.7
2	27	BREITENSTEIN, Paul	49	PATTON, MO	38:31.47	+4:25.16	7:45.1
3	22	BRAMLETT, Kevin	48	SPLITMASTER	38:34.61	+4:28.30	7:45.7
4	184	WHITESIDE, Nick	48	OFALLON, MO	40:51.90	+6:45.59	8:13.3
5	155	SCHMITTZEHE, J. Steve	45	SPLITMASTER	41:41.05	+7:34.74	8:23.2
6	141	REITER, Charles	42	FENTON, MO	46:34.25	+12:27.94	9:22.2
7	144	RICHTER, Tom	45	TROY, IL	46:49.43	+12:43.12	9:25.3
8	194	YOCH, Ryan	46	OFALLON, IL	47:18.96	+13:12.65	9:31.2
9	89	JENSEN, Jeffrey	47	ST. LOUIS, MO	47:22.31	+13:16.00	9:31.9
10	5	ALDEN, Steve	46	ARNOLD, MO	49:21.12	+15:14.81	9:55.8
11	50	DIZES, Robert	49	OFALLON, IL	49:46.72	+15:40.41	10:00.9
12	29	BROWN, Steven	45	WASHINGTON, MO	49:51.39	+15:45.08	10:01.9
13	131	OPPENHEIM, Mark	43	UNIVERSITY CITY, MO	51:43.31	+17:37.00	10:24.4
14	55	DUNGEY, Rick	40	ST. LOUIS, MO	52:25.14	+18:18.83	10:32.8
15	43	CORSON, Mike	43	ST. LOUIS, MO	53:30.62	+19:24.31	10:46.0
16	177	WAGNER, Michael	41	ST. LOUIS, MO	56:16.46	+22:10.15	11:19.4
17	130	OATES, Robert	43	SHILOH, IL	57:26.58	+23:20.27	11:33.5
18	25	BRAZELTON, Matt	45	ST. LOUIS, MO	58:46.54	+24:40.23	11:49.6
19	108	MANN, Troy	43	ST. LOUIS, MO	1:03:06.97	+29:00.66	12:42.0
20	23	BRANDT, Glenn	47	HERMANN, MO	1:09:08.71	+35:02.40	13:54.8
	56	DUNSWORTH, Dickson	47	BALLWIN, MO	DQ		

## Division: F 40-49 8k

PL	No	Name	Age	Representing	Reg: 9 DNS: 2 DNF: 0 DQ: 1		
					Total Time	Back	Pace
1	559	SCHUELER, Beth	45	OFALLON, MO	42:23.16	+0:00.00	8:31.7
2	101	LAHM, Liz	42	ST. LOUIS, MO	49:59.01	+7:35.85	10:03.4
3	134	PENBERTHY, Heather	40	HIGH RIDGE, MO	54:31.22	+12:08.06	10:58.2
4	196	MONTEGUE, Michelle	42	Hermann, MO	1:01:18.26	+18:55.10	12:20.1
5	180	WEBER, Janet	49	HERMANN, MO	1:01:21.56	+18:58.40	12:20.8
6	111	MCGOWAN, Melody	48	NEW BADEN, IL	1:02:27.81	+20:04.65	12:34.1
	52	DORPINGHAUS, Judy	40	WASHINGTON, MO	DQ		

## Division: M 50+ 8k

PL	No	Name	Age	Representing	Reg: 10 DNS: 0 DNF: 0 DQ: 1		
					Total Time	Back	Pace
1	37	CEDOR, Jim	50	GRANITE CITY, IL	41:11.62	+0:00.00	8:17.3
2	193	WOLFE, Tom	61	BELLEVILLE, IL	41:13.79	+0:02.17	8:17.7
3	13	BATSON, Robert	53	WATERLOO, IL	53:28.17	+12:16.55	10:45.5
4	60	FIETSAM, Michael	59	BELLEVILLE, IL	56:23.75	+15:12.13	11:20.8
5	7	ARNOLD, Ed	50	MARION, IL	56:46.59	+15:34.97	11:25.4
6	123	MURPHY, Kevin	53	ST. LOUIS, MO	58:18.17	+17:06.55	11:43.9
7	127	NORMILE, Jim	58	BALLWIN, MO	1:00:13.65	+19:02.03	12:07.1
8	34	CARAKER, John	52	FENTON, MO	1:02:52.30	+21:40.68	12:39.0
9	71	KUVIK, Ron	53	Hermann, MO	1:31:17.49	+50:05.87	18:22.1
	12	BALDEN, Wally	55	WILDWOOD, MO	DQ		

## Division: F 50+ 8k

PL	No	Name	Age	Representing	Reg: 7 DNS: 2 DNF: 0 DQ: 0		
					Total Time	Back	Pace
1	97	KRAMER, Sue	56	CREAL SPRINGS, IL	46:15.31	+0:00.00	9:18.4
2	38	CHAMBERS, Heidi	51	ST. LOUIS, MO	50:33.77	+4:18.46	10:10.4

\* indicates adjustments applied, see last page for details

# 2010 Mud N Gutz 8k/4k European Cross Country Race

## Division: F 50+ 8k Continued

				Reg: 7 DNS: 2 DNF: 0 DQ: 0			
PL	No	Name	Age	Representing	Total Time	Back	Pace
3	81	HINZE, Jane	53	CARBONDALE, IL	53:59.28	+7:43.97	10:51.8
4	26	BREITENSTEIN, Kathryn	50	PATTON, MO	1:00:12.69	+13:57.38	12:06.9
5	197	OVERKAMP, Marilyn	62	Hermann, MO	1:10:19.50	+24:04.19	14:09.0

# 2010 Mud N Gutz 8k/4k European Cross Country Race

## Division: Adjustments

Reg: 7 DNS: 2 DNF: 0 DQ: 0

PL	No	Name	Age	Representing	Total Time	Back	Pace
11		BALDEN, Rachel					
		Disqualified:					
113		MCKENNA, Kate					
		Disqualified:					
116		MELZER, Corey					
		Disqualified:					
12		BALDEN, Wally					
		Disqualified:					
158		SICKBERT, Michelle					
		Disqualified:					
170		TRAVOUS, Elizabeth					
		Disqualified:					
183		WERNER, William					
		Disqualified:					
3		AGUIAR, David					
		Disqualified:					
32		CAINE, John					
		Disqualified:					
33		CALVERT, Heather					
		Disqualified:					
46		DETMER, Kristen					
		Disqualified:					
52		DORPINGHAUS, Judy					
		Disqualified:					
56		DUNSWORTH, Dickson					
		Disqualified:					
57		ESCHENBACHER, Will					
		Disqualified:					
6		AMITIN, Dana					
		Disqualified:					
66		FULTON, Cj					
		Disqualified:					
83		HODZIC, Amir					
		Disqualified:					
86		HOVE, Caitlin					
		Disqualified:					